



# Timbers Events — July 2026



| Sunday                                                                                                                                                                 | Monday                                                                                                                                                                                                        | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                                       | Thursday                                                                                                                                                                                                               | Friday                                                                                                                                                                                                                                             | Saturday                                                                                                        | Additional Info                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| TLR—Timbers Living Room<br>TDR—Timbers Dining Room<br>MLR—Meadows Living Room<br>ALR—Alpine Living Room<br>TH—Cortez Theater<br>FEL—Fellowship Hall<br>CEN—Centennials | Arapahoe Library on Wheels visits:<br>July 14th & 28th<br>10-11:30 am in the Holly Creek Library                                                                                                              | <b>HAPPY BIRTHDAY!</b><br><br>Fred D.—7/13<br>Menda C.—7/30                                                                                              | 1<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>9:45 Walking/Wheeling Visits<br>11:00 Balloon Ball (TLR)<br>2:00 Bingo! (ALR)<br>3:30 Hand Massages (TLR)             | 2<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>11:00 Chapel with Jocelyn (ALR)<br>2:00 Garden Social<br>3:30 Trivia (TLR)<br>3:30 Dog Visits, Megan                                                        | 3<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>10:00 Communion (FEL)<br>10:00 Music with Dan (TDR)<br>2:00 Bingo! (ALR)<br>3:15 The Blue Angels (TLR)                                                                                   | 4<br>NO TRIVIA<br>9:30 Donuts!<br>3:30 Our Oceans - Pacific Ocean (TLR)                                         | Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!<br><br><b>SUITES LIFE ENRICHMENT:</b><br>For questions or suggestions, please contact:<br>Life Enrichment Coordinator<br>Paige Van Deest at<br>720-266-5892<br><br>Seated Stretching (CH. 1981) <ul style="list-style-type: none"><li>Sun, Tues, Thurs at 5:00pm</li></ul> Meditation (CH. 1981) <ul style="list-style-type: none"><li>Mon, Wed, Fri, Sat at 5:00pm</li></ul> Wanderings (CH. 1981) <ul style="list-style-type: none"><li>Tuesday at 10:00am</li><li>Friday at 10:00am (Encore)</li></ul> Community Updates (CH. 1981) <ul style="list-style-type: none"><li>Monday at 10:00am</li></ul> Entertainment (Theater) <ul style="list-style-type: none"><li>Sunday Movie at 1:00pm &amp; 6:00pm</li><li>Monday Musical at 7:00 pm</li><li>Tuesday Classic at 7:00 pm</li><li>Thursday Movie at 7:00 pm</li><li>Friday Night Film at 7:00 pm</li><li>Saturday Movie at 7:00 pm</li></ul><br>Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.<br><br>Resident Rights—<br>"You have the right to be treated with Dignity and Respect" |
| 5<br>9:30 Chapel with Brian (FEL)<br>11:00 Balloon Ball (TLR)<br>2:00 Movie & Popcorn: The Glenn Miller Story (TLR)                                                    | 6<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>1:00 Together Time with Tammy (TLR)<br>1:30 Dog Visits, Charlotte<br>3:30 Piano with Shirley (TLR)                                                 | 7<br>9:30 Dog Visits, Benji<br>10:00 Music Therapy with San (TLR)<br>1:30 Treat Cart: Ice Cream Sundaes<br>2:00 Music with Chuck (MLR)<br>6:00 Uno (TLR) | 8<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>9:45 Walking/Wheeling Visits<br>11:00 Resident Council Meeting (TLR)<br>2:00 Bingo! (ALR)<br>3:30 Hand Massages (TLR) | 9<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>11:00 Chapel with Jocelyn (ALR)<br>2:00 Suites Happy Hour with Rosanna (ALR)<br>3:30 Travel Tour: Wonders of Greece (TLR)<br>3:30 Dog Visits, Megan         | 10<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>10:00 Communion (FEL)<br>10:00 Music with Molly (ALR)<br>2:00 Bingo! (ALR)<br>3:15 My Octopus Teacher (TLR)                                                                             | 11<br>9:30 Donuts!<br>10:30 Trivia (ALR)<br>2:00 Music with Joyce (MLR)<br>3:30 Our Oceans - Indian Ocean (TLR) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 12<br>9:30 Chapel with Robert (FEL)<br>11:00 Balloon Ball (TLR)<br>2:00 Movie & Popcorn: Nonna's (TLR)                                                                 | 13<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>1:00 Together Time with Tammy (TLR)<br>1:30 Dog Visits, Charlotte<br>3:00 Craft & Create: Windchimes (TLR)                                        | 14<br>10:00 Name That Tune (TLR)<br>11:00 Personal Visits<br>2:00 Music with Louisa (TLR)<br>3:30 Trivia (TLR)<br>6:00 Uno (TLR)                         | 15<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>9:45 Walking/Wheeling Visits<br>11:30 Pizza Party! (TDR)<br>2:00 Bingo! (ALR)<br>3:30 Hand Massages (TLR)            | 16<br>10:00-3:00 Holly Creek Carnival (TC)<br>11:00 Exercise (TLR)<br>11:00 Chapel with Jocelyn (ALR)<br>2:00 Garden Social<br>3:30 Trivia (TLR)<br>3:30 Dog Visits, Megan                                             | 17<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>10:00 Communion (FEL)<br>10:00 Bible Study (TLR)<br>2:00 Bingo! (ALR)<br>3:15 Chris & Martina- The Final Set (TLR)<br>3:30 Therapy Dog Visits, Tootsie                                  | 18<br>NO TRIVIA<br>9:30 Donuts!<br>3:30 Our Oceans - Atlantic Ocean (TLR)                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 19<br>9:30 Chapel with Cheryl (FEL)<br>11:00 Balloon Ball (TLR)<br>2:00 Movie & Popcorn: The Thursday Murder Club (TLR)                                                | 20<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>1:00 Together Time with Tammy (TLR)<br>1:30 Dog Visits, Charlotte<br>2:00 Life Enrichment Calendar Meeting (TLR)<br>3:30 Piano with Shirley (TLR) | 21<br>9:30 Dog Visits, Benji<br>10:00 Music Therapy with San (TLR)<br>1:30 Treat Cart: Root Beer Floats<br>3:00 Music with Mark (TDR)<br>6:00 Uno (TLR)  | 22<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>9:45 Walking/Wheeling Visits<br>11:00 Balloon Ball (TLR)<br>2:00 Bingo! (ALR)<br>3:30 Dining Council Meeting (TDR)   | 23<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>11:00 Chapel with Jocelyn (ALR)<br>1:30 Interactive Game Show Presentation (ALR)<br>3:30 Travel Tour: Wonders of Australia (TLR)<br>3:30 Dog Visits, Megan | 24<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>10:00 Communion (FEL)<br>10:00 Bible Study (TLR)<br>10:30 Chris Wells Presents: "Incredible National Monuments" (ALR)<br>2:00 Bingo! (ALR)<br>3:15 Mercury 13- Mission Incomplete (TLR) | 25<br>9:30 Donuts!<br>10:30 Trivia (ALR)<br>2:00 Music with Joyce (MLR)<br>3:30 Our Oceans - Arctic Ocean (TLR) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 26<br>9:30 Chapel with Cindy (FEL)<br>11:00 Balloon Ball (TLR)<br>2:00 Movie & Popcorn: Song Sung Blue (TLR)                                                           | 27<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>1:00 Together Time with Tammy (TLR)<br>1:30 Dog Visits, Charlotte<br>3:00 Craft & Create: Flower Fairy Lanterns (TLR)                             | 28<br>10:00 Music Therapy with San (TLR)<br>11:00 Personal Visits<br>1:30 Trivia (TLR)<br>3:00 Music with Jim Kurty (MLR)<br>6:00 Uno (TLR)              | 29<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>9:45 Walking/Wheeling Visits<br>11:00 Balloon Ball (TLR)<br>2:00 Bingo! (ALR)<br>3:30 Hand Massages (TLR)            | 30<br>10:00 Activity Cart Visits<br>11:00 Exercise (TLR)<br>11:00 Curious Dragonfly: Fireworks (ALR)<br>2:00 Suites Birthday Bash with Henry the Fiddler (ALR)<br>3:30 Trivia (TLR)<br>3:30 Dog Visits, Megan          | 31<br>9:30 Choice Time: Art, Puzzles, Brain Games (TLR)<br>10:00 Communion (FEL)<br>10:00 Bible Study (TLR)<br>2:00 Bingo! (ALR)<br>3:15 Cirque Du Soleil- Without a Net (TLR)                                                                     |                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

Calendar events and times are subject to change. Please check your Daily Schedule for current information!