



# July 2026 Residential Living

**Happy Birthday:**

7/2—Cherre House  
7/10—Wilma Jackson  
7/13—Fred Digiorgio  
7/19—Bob Forster  
7/24—Glenda Norblom  
7/30—John Smiley

7/4—Barby Hahn  
7/10—Phil Heinschel  
7/14—Pat Harwood  
7/20—Maria Consentino  
7/24—Bev Saylor  
7/30—Mike McKenzie

7/7—Jerry Curran  
7/11—Eve Glesne  
7/15—Barry Brandt  
7/22—Clark Colton  
7/27—Roy Quinlan  
7/30—Menda Cox

7/7—Ruth Curley  
7/11—Leslie Franz  
7/18—Melissa East  
7/23—Jack Ballard  
7/30—Mark Plummer  
7/31—Ruth Ross

| Sunday                                                                                                                                                                                                                                                                                          | Monday                                                                                                                                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                                                                                                   | Wednesday                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                                                                                                                                                                                                | Saturday                                                                                                                                                                                                            | Ongoing Events                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <ul style="list-style-type: none"><li>Suites Event/Program</li><li>Theater Programs</li><li>Community Event</li><li>Ch. 1981 Program</li><li>Resident Committee</li><li>Excursions</li><li>Highlighted Program</li><li>Celebration of Life</li></ul>                                            | LOCATION LEGEND:<br>ART—Durango Room<br>ALR—Alpine Living Rm<br>CEN—Centennials<br>FEL—Fellowship Hall<br>SIL—Silverton Gallery<br>TC—Town Center<br>TH—Theater                                                                                                                                                                                                  | <b>April Hager</b><br><b>Director of</b><br><b>Community Life:</b><br>720-266-5894<br><b>Miranda Pospisil</b><br><b>Assistant</b><br>720-266-5635                                                                                                                                                                                         | <b>1</b><br>11:00 <b>Forgotten America: German Coast Uprising</b> (TH)<br>1:00 <b>DEPARTURE: Beyond Western Horizon Art Museum</b><br>1:30 <b>PLATES</b> with April (SIL)<br>3:00 <b>PBS: 10 That Changed America: Buildings</b> (TH)<br>6:30 <b>Mexican Train</b> (SIL)                                                                                         | <b>2</b><br>11:00 <b>10 on 10</b> (TH)<br>11:00-2:00 <b>America's Potluck</b> with Live Music (CEN)<br>1:30 <b>Tech Talk</b> with Ben Mercer: <i>Getting Started with Your Cell Phone</i> (TH)<br>3:00 <b>Chaplains Forum: Play as Spiritual Practice</b> (TH)<br>7:00 <b>Thursday at the Movies: The Sheep Detectives</b> (TH) | <b>3</b><br>10:00 <b>Communion</b> (TH)<br>11:00 <b>The Roosevelt's: An Intimate History: The Fire of Life, Part I</b> (TH)<br>2:00 <b>Ideological Polarization in America</b> with Professor Emeritus, Art Paulson (FEL)<br>3:00 <b>America's National Parks: The Scripture of Nature, Part I</b> (TH)                                                                               | <b>4</b><br>1:30 <b>Jewelry Making</b> (ART)<br>7:00 <b>Bill &amp; Gloria Gaither Present: A Patriotic Salute to the American Spirit</b> (Ch. 1981)<br>7:00 <b>Saturday Night Movie: Father of the Bride</b> (TH)   | <b>FITNESS SCHEDULE</b><br><b>PowerUp! (WC)</b><br>Mon, Wed, Fri 8:00, 9:00 am<br><b>Stretch &amp; Flex (WC)</b><br>Mon, Wed, Fri, 10:00 am<br><b>Ageless Intensity (WC)</b><br>Tues, Thu 8:00 am<br><b>Mobility &amp; Strength (WC, CEN)</b><br>Tue, Thu 9:00 am<br><b>Yoga with Máire (WC)</b><br>Thu 8:45 am, Sat 9:30 am<br><b>Balance Class (WC)</b><br>Tue, Thu 1:00 pm<br><b>Stretch &amp; Flex (WC)</b><br>Tue, Thu 2 pm<br><b>Water Aerobics (POOL)</b><br>Tue, Thu, 3:00 pm<br><b>Fish Tank (meditation) (Ch. 1981)</b><br>Mon, Wed, Fri, Sat 5:00 pm<br><b>Balance Boogie (Ch. 1981)</b><br>Monday-Sunday, Various times<br>See Weekly Schedule for details<br><b>Seated Stretching (Ch. 1981)</b><br>Tues, Thu, Sun 5:00 pm<br><b>Sunday</b><br>11:30 Hymns with Anna James (Ch. 1981)<br>1:00 Painting with Bob Ross (Ch. 1981)<br><b>Monday</b><br>10:00 Community Updates (HCRK Ch. 1981)<br>2:00 Artists Studio (ART)<br>6:30 Hand & Foot (ART)<br><b>Tuesday</b><br>1:00 Needles & Threads (SIL)<br>6:30 Cribbage (SIL)<br><b>Wednesday</b><br>8:00, 9:00 Start the Day with Shirley (HCRK)<br>9:45 Chorale Rehearsal (FEL)<br>6:30 Game Night (SIL) (Mexican Train, Pinochle, Euchre, Five Crowns)<br>7:00 Newhart (Ch. 1981)<br><b>Thursday</b><br>6:30 Rummikub (SIL)<br><b>Friday</b><br>7:00 Friday Night Film (TH)<br><b>Saturday</b><br>8:00, 9:00 Saturday with Isy (HCRK)<br>9:30 Mindfulness Meditation (SIL)<br>1st/3rd Saturday<br>10:30 Knit Wits (ART)<br>1:00-3:30 Mah Jong (SIL) |
| <b>5</b><br>9:30 Chapel with Brian (FEL)<br>1:00 & 6:00 <b>Movie and Popcorn: The Sheep Detectives</b> (TH)<br>7:00 <b>Bill &amp; Gloria Gaither Present: A Patriotic Salute to the American Spirit</b> (Ch. 1981)                                                                              | <b>6</b><br>10:30 <b>World Religions</b> (FEL)<br>1:00 <b>Community Prayer Circle</b> (SIL)<br>2:00 <b>First Music Monday with Henry's Old Thyme Revue</b> (FEL)<br>3:00 <b>Low Vision Group: History of Glasses</b> (TH)<br>7:00 <b>Monday Musical</b> (TH)                                                                                                     | <b>7</b><br>10:00 <b>Episcopal Prayer Service</b> (TH)<br>10:30 <b>Spiritual Comm. (PBL)</b><br>11:00 <b>The Addictive Brain: Psychology and Neuroscience of Reward</b> (TH)<br>1:30 <b>The Peakview Review</b> (FEL)<br>3:30 <b>Bible Study</b> (SIL)<br>7:00 <b>Tuesday Classic</b> (TH)                                                | <b>8</b><br>10:00 <b>DEPARTURE: Park Tour Rocky Mountain Arsenal and Ice Cream Stop</b><br>11:00 <b>Forgotten America: Thanksgiving Stories That Made America</b> (TH)<br>1:30 <b>Scattergories</b> (ART)<br>3:00 <b>PBS 10 That Changed America: Monuments</b> (TH)<br>6:30 <b>Pinochle</b> (SIL)                                                               | <b>9</b><br>10:00 <b>Fireside Chat</b> (Lobby)<br>11:00 <b>10 on 10</b> (TH)<br>1:30 <b>Hospitality Comm. (SIL)</b><br>1:30 <b>PLATES</b> with April (ART)<br>3:00 <b>Ambiance Comm. (ART)</b><br>7:00 <b>Thursday at the Movies: The Apartment</b> (TH)                                                                        | <b>10</b><br>10:00 <b>Communion &amp; Rosary</b> (TH)<br>11:00 <b>The Roosevelt's: An Intimate History: The Fire of Life, Part II</b> (TH)<br>1:30 <b>Active Minds World Issues: King Tut</b> with Maryann (FEL)<br>3:00 <b>America's National Parks: The Scripture of Na-</b>                                                                                                        | <b>11</b><br>7:00 <b>Simon and Garfunkel: The Concert in Central Park, 1981</b> (Ch. 1981)<br>7:00 <b>Saturday Night Movie: Father of the Bride, II</b> (TH)                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>12</b><br>9:30 Chapel with Robert (FEL)<br>1:00 & 6:00 <b>Movie and Popcorn: The Apartment</b> (TH)<br>7:00 <b>Simon and Garfunkel: The Concert in Central Park, 1981</b> (Ch. 1981)                                                                                                         | <b>13</b><br>10:30 <b>Wired Word</b> (FEL)<br>2:00 <b>Famous Voices of the 1960's with Patrick Shelton</b> (FEL)<br>3:00 <b>Scattergories</b> with April (ART)<br>7:00 <b>The Highest Praise Flute Choir</b> from Cherry Creek Pres (FEL)                                                                                                                        | <b>14</b><br>10:00 <b>Bookmobile</b> (LIB)<br>11:00 <b>Music Appreciation: Beethoven's Third Symphony</b> (FEL)<br>1:00 <b>The Addictive Brain: How Addiction Hijacks the Brain</b> (TH)<br>2:00 <b>Food Committee</b> (CEN)<br>3:00 <b>Cottager Committee</b> (ART)<br>3:30 <b>Bible Study</b> (SIL)<br>7:00 <b>Tuesday Classic</b> (TH) | <b>15</b><br>8:00 <b>Men's Breakfast</b> (FEL)<br>11:00 <b>What American Founders Learned From Antiquity: Antiquity in 18th Century America</b> (TH)<br>2:00 <b>Creative Card Making</b> with Ellen (ART)<br>3:00 <b>PBS 10 That Changed America: Modern Marvels</b> (TH)<br>4:30 <b>DEPARTURE: Dinner at Zig Zag Smokin' Burger</b><br>6:30 <b>Euchre</b> (SIL) | <b>16</b><br>9:30 <b>Glasses Clinic</b> (TC)<br>10:00-3:00 <b>Holly Creek Summer Carnival</b> (TC)<br>11:00 <b>10 on 10</b> (TH)<br>12:30 <b>Ambassador Mtg</b> (TH)<br>2:30 <b>Book Club</b> (SIL)<br>7:00 <b>Thursday at the Movies: The Swedish Connection</b> (TH)                                                          | <b>17</b><br>10:00 <b>Communion</b> (TH)<br>11:00 <b>The Roosevelt's: An Intimate History: The Storm, Part I</b> (TH)<br>1:00 <b>Thespians Reading</b> (SIL)<br>2:00 <b>Colorado: 150 Years of Statehood</b> with Judy Stalnaker (FEL)<br>3:00 <b>America's National Parks: The Last Refuge, Part I</b> (TH)                                                                          | <b>18</b><br>11:30 - 1:30 <b>Lunch in Centennials</b> (CEN)<br>7:00 <b>Hans Zimmer Symphony with George Korynta &amp; Prague Film Orchestra</b> (Ch. 1981)<br>7:00 <b>Saturday Night Movie: Legally Blonde</b> (TH) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>19</b><br>9:30 Chapel with Cheryl (FEL)<br>1:00 & 6:00 <b>Movie and Popcorn: The Swedish Connection</b> (TH)<br>4:00 <b>Cottager Concerts Presents: Air Force Academy Rampart Winds</b> (CEN)<br>7:00 <b>Hans Zimmer Symphony with George Korynta &amp; Prague Film Orchestra</b> (Ch. 1981) | <b>20</b><br>10:00-11:30 <b>CEO Connect</b> with Jill Vitale-Aussem<br>10:30 <b>World Religions</b> (FEL)<br>1:30 <b>Travels with Curt Huber: America's National Parks</b> (TH)<br>2:00 <b>Building, Grounds &amp; Safety Committee</b> (SIL)<br>3:00 <b>Art Appreciation with Wendy Adler: My Country 'Tis of Thee</b> (FEL)<br>7:00 <b>Monday Musical</b> (TH) | <b>21</b><br>11:00 <b>St. Gabriel's Worship Service</b> (TH)<br>1:00 <b>The Addictive Brain: Genetics</b> (TH)<br>2:00 <b>Resident Association Board Meeting</b> (FEL)<br>3:30 <b>Bible Study</b> (SIL)<br>7:00 <b>Tuesday Classic</b> (TH)                                                                                               | <b>22</b><br>11:00 <b>What American Founders Learned From Antiquity: A Republic of Farmers</b> (TH)<br>11:30 <b>DEPARTURE: Rockies vs. Nationals at Coors Field</b><br>12:00 <b>Community Birthday Party</b> (CEN)<br>1:00 <b>Social Duplicate Bridge</b> (SIL)<br>3:00 <b>PBS 10 That Changed America: Streets</b> (TH)<br>6:30 <b>Five Crowns</b> (SIL)        | <b>23 NO YOGA</b><br>11:00 <b>10 on 10</b> (TH)<br>1:30 <b>PLATES</b> with April (SIL)<br>3:00 <b>Poetry Explorers</b> with Larry & Karla Langton (SIL)<br>4:00 <b>American Celebration Community Happy Hour</b> (TC)<br>7:00 <b>Thursday at the Movies: Rocky</b> (TH)                                                         | <b>24</b><br>10:00 <b>Communion</b> (TH)<br>10:00-12:00 <b>Gone for Good Donation Day</b> (FEL)<br>10:30 <b>Chris Wells Presents: National Monuments</b> (ALR)<br>11:00 <b>The Roosevelt's: The Storm, Part II</b> (TH)<br>1:30 <b>World Issues: Amelia Earhart</b> (FEL)<br>3:00 <b>Excursion Comm. (ART)</b><br>3:00 <b>America's National Parks: The Last Refuge, Part II</b> (TH) | <b>25</b><br>7:00 <b>The Rock and Roll Hall of Fame 25th Anniversary Concert</b> (Ch. 1981)<br>7:00 <b>Saturday Night Movie: Beethoven</b> (TH)                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>26</b><br>9:30 Chapel with Cindy (FEL)<br>1:00 & 6:00 <b>Movie and Popcorn: Rocky</b> (TH)<br>4:00 <b>Cottager Concerts Presents: Aries Brass Quintet</b> (CEN)<br>7:00 <b>The Rock and Roll Hall of Fame 25th Anniversary Concert</b> (Ch. 1981)                                            | <b>27</b><br>10:30 <b>Wired Word</b> (FEL)<br>1:30 <b>Scattergories</b> (ART)<br>3:00 <b>American Experience: The American Vice President</b> (TH)<br>7:00 <b>Monday Musical</b> (TH)                                                                                                                                                                            | <b>28</b><br>10:00 <b>Bookmobile</b> (LIB)<br>11:00 <b>Writers Circle</b> (SIL)<br>1:00 <b>The Addictive Brain: Your Brain on Drugs</b> (TH)<br>2:00 <b>Teaching Kitchen: Stone Fruit</b> (CEN)<br>3:30 <b>Bible Study</b> (SIL)<br>7:00 <b>Tuesday Classic</b> (TH)                                                                      | <b>29</b><br>11:00 <b>What American Founders Learned From Antiquity: The Dangers of Empire</b> (TH)<br>1:30 <b>Historical Route 66</b> with Educator Anthony Arno (FEL)<br>3:00 <b>The Florida Keys: 200 Years of Paradise</b> (TH)<br>3:00 <b>Cottager Concert Committee</b> (ART)                                                                              | <b>30</b><br>11:00 <b>10 on 10</b> (TH)<br>2:00 <b>Musical Anniversaries: US 250 &amp; Colorado 150</b> with Betsy Schwarm (FEL)<br>7:00 <b>Thursday at the Movies: Ordinary Angels</b> (TH)                                                                                                                                    | <b>31</b><br>10:00 <b>Communion</b> (TH)<br>11:00 <b>The Roosevelt's: An Intimate History: The Rising Road, Part I</b> (TH)<br>2:00 <b>Dee Dafoe Celebration of Life Reception</b> (FEL)<br>3:00 <b>America's National Parks: The Empire of Grandeur, Part I</b> (TH)                                                                                                                 |                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

Calendar events are subject to change. See Ch. 1981 or the weekly schedule for up-to-date information.