



Timbers Events—July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
ALR—Alpine Living Room TLR—Timbers Living Room TDR—Timbers Dining Room MLR—Meadows Living Room TH—Cortez Theater FEL—Fellowship Hall CEN—Centennials TC—Town Center		1 9:30 Dog Therapy visits with Benji 10:00 Music Therapy with San (TLR) 2:00 Garden Time (ALR) 3:00 Violin Music with Renee (MLR)	2 9:45 Walking/Wheeling Club 11:00 Exercise (TLR) 2:30 Sensory Outings (TLR) 3:30 Hand Massages (TLR)	3 10:00 Exercise (TLR) 11:00 Chapel (ALR) 2:00 10 on 10: Greatest Moments in Sports History (ALR) 3:00 Trivia 3:30 Dog Therapy visits with Megan	4 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 11:00 Word Games (TLR) 2:00 Manicures (TLR) 3:00 Movie: The Long Game (TLR)	5 9:30 Donuts! 10:30 Trivia (ALR) 1:00 Rick Steves Travel Tour (TLR) 3:00 Today in History 7:00 Concert (CH. 1981)	Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek! SUITES LIFE ENRICHMENT: For questions or suggestions, please contact: Life Enrichment Coordinator Suzie Harvat at 720-266-5892
6 9:30 Chapel with Jake (FEL) 10:30 Exercise (TLR) 11:30 Hymns (CH. 1981) 3:00 Documentary: Our Great National Parks (TLR) 7:00 Concert (CH. 1981)	7 10:30 Exercise (TLR) 1:00 Together Time with Tammy (TLR) 1:30 Dog Therapy visits with Charlotte 2:30 Brain Games (TLR) 3:30 Piano with Shirley (TLR)	8 9:30 Dog Therapy visits with Benji 11:00 Music Appreciation (FEL) 2:00 Music with Lindsay (TDR) 3:30 Tinker & Touch (TLR)	9 9:45 Walking/Wheeling Club 11:00 Resident Council Meeting (TLR) 2:30 Sensory Outings (TLR) 3:00 Suites Social: Lemonade & Watermelon (Garden)	10 10:00 Exercise (TLR) 11:00 Chapel (ALR) 2:00 Suites Happy Hour (ALR) 3:30 Dog Therapy visits with Megan	11 10:00 Catholic Communion (FEL) 10:00 Music with Molly (MLR) 11:00 Word Games (TLR) 1:30 World Issues: The Future of Bees (FEL) 2:00 Manicures (TLR) 3:00 Movie: American Graffiti (TLR)	12 9:30 Donuts! 10:30 Trivia (ALR) 1:00 Rick Steves Travel Tour (TLR) 2:00 Music with Joyce (MLR) 7:00 Concert (CH. 1981)	COLOR KEY: Important Meetings Special Presentations Refreshing Excursions Awesome Entertainment Documentary/Movie Highlighted Program
13 9:30 Chapel with Cindy (FEL) 10:30 Exercise (TLR) 11:30 Hymns (CH. 1981) 3:00 Documentary: Live to Lead: Ruth Bader Ginsburg (TLR) 7:00 Concert (CH. 1981)	14 10:30 Exercise (TLR) 1:00 Together Time with Tammy (TLR) 1:30 Dog Therapy visits with Charlotte 2:30 Brain Games (TLR)	15 9:30 Dog Therapy visits with Benji 10:00 Music Therapy with San (TLR) 2:00 Garden Time (ALR) 3:00 Music with Mark (TDR)	16 8:00 Men's Breakfast (FEL) **RSVP Required 9:45 Walking/Wheeling Club 11:00 Exercise (TLR) 2:30 Sensory Outings (TLR) 3:30 Hand Massages (TLR)	17 10:00 Exercise (TLR) 11:00 Chapel (ALR) 2:30 Trivia (TLR) 3:30 Dog Therapy visits with Megan	18 10:00 Catholic Communion (FEL) 11:00 Word Games (TLR) 2:00 Manicures with Maddy (TLR) 3:00 Movie: Home Team (TLR)	19 9:30 Donuts! 10:30 Trivia (ALR) 1:00 Rick Steves Travel Tour (TLR) 3:00 Today in History 7:00 Concert (CH. 1981)	Seated Stretching (CH. 1981) <ul style="list-style-type: none">Sun, Tues, Thurs at 5:00pm Meditation (CH. 1981) <ul style="list-style-type: none">Mon, Wed, Fri, Sat at 5:00pm Wanderings (CH. 1981) <ul style="list-style-type: none">Tuesday at 10:00amFriday at 10:00am (Encore) Community Updates (CH. 1981) <ul style="list-style-type: none">Monday at 10:00am Entertainment (Theater) <ul style="list-style-type: none">Sunday Movie at 1:00pm & 6:00pmMonday Musical at 7:00 pmTuesday Classic at 7:00 pmThursday Movie at 7:00 pmFriday Night Film at 7:00 pmSaturday Movie at 7:00 pm
20 9:30 Chapel with Robert (FEL) 10:30 Exercise (TLR) 11:30 Hymns (CH. 1981) 3:00 Documentary: The Last Czar (TLR) 7:00 Concert (CH. 1981)	21 10:30 Exercise (TLR) 1:00 Together Time with Tammy (TLR) 1:30 Dog Therapy Visits with Charlotte 2:30 Brain Games (TLR) 3:30 Piano with Shirley (TLR)	22 9:30 Dog Therapy visits with Benji 10:00 Music Therapy with San (TLR) 2:00 Music with Jim Curty (MLR) 3:30 Tinker & Touch (TLR)	23 9:45 Walking/Wheeling Club 11:00 Exercise (TLR) 2:00 Hand Massages (TLR) 3:00 Suites Social: Popsicles and Conversation (Garden)	24 10:00 Exercise (TLR) 11:00 Chapel (ALR) 2:00 Suites Birthday Bash with Guitarist, Gabe Balogh (ALR) 3:30 Dog Therapy visits with Megan	25 10:00 Catholic Communion (FEL) 10:30 Chris Wells Presents: Mt. Rainier (ALR) 1:30 World Issues: UNESCO World Heritage Sites (FEL) 2:00 Manicures with Maddy (TLR) 3:00 Movie: The Man Who Knew too Much (TLR)	26 9:30 Donuts! 10:30 Trivia (ALR) 1:00 Rick Steves Travel Tour (TLR) 2:00 Music with Joyce (MLR) 7:00 Concert (CH. 1981)	
27 9:30 Chapel with Cheryl (FEL) 10:30 Exercise (TLR) 11:30 Hymns (CH. 1981) 3:00 Documentary: The Only Girl in the Orchestra (TLR) 7:00 Concert (CH. 1981)	28 10:30 Exercise (TLR) 1:00 Together Time with Tammy (TLR) 1:30 Dog Therapy Visits with Charlotte 2:30 Brain Games (TLR)	29 9:30 Dog Therapy visits with Benji 10:30 Exercise (TLR) 2:00 Curious Dragonfly: Blowing Your Top Pt. II (ALR) 3:30 Tinker & Touch (TLR)	30 9:45 Walking/Wheeling Club 11:00 Exercise (TLR) 2:30 Trivia (TLR) 3:30 Hand Massages (TLR)	31 10:00 Exercise (TLR) 11:00 Chapel (ALR) 2:00 10 on 10 with Suzie: Death Defying Stunts (ALR) 3:00 Ice Cream Shop Outing 3:30 Dog Therapy visits with Megan	Arapahoe Library on Wheels visits: July 15th & 29th 10-11:30 am in the Holly Creek Library	HAPPY BIRTHDAY! Byron S. — 7/3 Fred D. — 7/13 Margaret M. — 7/17 Menda C. — 7/30	Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.

Calendar events and times are subject to change. Please check your Daily Schedule for current information!