



Meadows Events—July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
MLR—Meadows Living Room ALR—Alpine Living Room TDR—Timbers Dining Room TH—Cortez Theater FEL—Fellowship Hall CEN—Centennials TC— Town Center		1 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 3:00 Violin Music with Renee (MLR)	2 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Book Club 3:00 Hand Massages 3:30 Musical Movie	3 10:30 Garden Time with Michele 2:00 Today in History 3:00 Dog Therapy Visits with Megan 3:30 Documentary	4 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 2:00 Manicures 3:00 Travel Tour	5 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Sing Along 3:30 Crosswords 7:00 Concert (CH. 1981)	Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek! SUITES LIFE ENRICHMENT: For questions or suggestions, please contact: Life Enrichment Coordinator Suzie Harvat at 720-266-5892 COLOR KEY: Important Meetings Special Presentations Refreshing Excursions Awesome Entertainment Documentary/Movie Highlighted Program Seated Stretching (CH. 1981) <ul style="list-style-type: none">Sun, Tues, Thurs at 5:00pm Meditation (CH. 1981) <ul style="list-style-type: none">Mon, Wed, Fri, Sat at 5:00pm Wanderings (CH. 1981) <ul style="list-style-type: none">Tuesday at 10:00amFriday at 10:00am (Encore) Community Updates (CH. 1981) <ul style="list-style-type: none">Monday at 10:00am Entertainment (Theater) <ul style="list-style-type: none">Sunday Movie at 1:00pm & 6:00pmMonday Musical at 7:00 pmTuesday Classic at 7:00 pmThursday Movie at 7:00 pmFriday Night Film at 7:00 pmSaturday Movie at 7:00 pm Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.
6 9:30 Chapel with Brian (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 2:30 Piano with April Gao 7:00 Concert (CH. 1981)	7 9:30 News That Matters 11:00 Stretch n’ Flex 2:00 Dog Therapy Visits with Charlotte 2:30 Watercolor Art 3:30 Classic Movie	8 9:30 Dog Therapy Visits with Benji 10:00 Music Therapy 1:1 with San 11:00 Morning Motion 2:00 Music with Lindsay (TDR)	9 9:45 Walking/Wheeling Club 10:30 Flower Arranging 12:00 Pizza Party 2:00 Book Club 3:00 Suites Social: Lemonade & Watermelon (Garden)	10 10:00 Stretch n’ Flex 10:30 Crosswords 2:00 Suites Happy Hour (ALR) 3:00 Dog Therapy Visits with Megan 3:30 Documentary	11 10:00 Catholic Communion (FEL) 10:00 Music with Molly (MLR) 2:00 Trivia 3:00 Travel Tour	12 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Music with Joyce (MLR) 3:00 Calming Coloring 7:00 Concert (CH. 1981)	
13 9:30 Chapel with Cindy (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 2:30 Piano with April Gao 7:00 Concert (CH. 1981)	14 9:30 News That Matters 11:00 Stretch n’ Flex 2:00 Dog Therapy Visits with Charlotte 2:30 Finger-painting 3:30 Music with Shirley (MLR)	15 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 2:00 Cooking with Holly 3:00 Music with Mark (TDR)	16 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Book Club 3:00 Hand Massages 3:30 Musical Movie	17 10:30 Garden Time with Michele 2:00 Today in History 3:00 Dog Therapy Visits with Megan 3:30 Documentary	18 10:00 Catholic Communion (FEL) 10:00 Stretch n’ Flex 2:00 Manicures 3:00 Travel Tour	19 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Sing Along 3:30 Crosswords 7:00 Concert (CH. 1981)	
20 9:30 Chapel with Jocelyn (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 2:30 Piano with April Gao 7:00 Concert (CH. 1981)	21 9:30 News That Matters 11:00 Stretch n’ Flex 2:00 Dog Therapy Visits with Charlotte 2:30 Watercolor Art 3:30 Classic Movie	22 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Sing Along 2:00 Music with Jim Curty (MLR)	23 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Book Club 3:00 Storytelling with Spellbinders (MLR)	24 10:00 Stretch n’ Flex 10:30 Crosswords 2:00 Suites Birthday Bash (ALR) 3:00 Dog Therapy Visits with Megan 3:30 Documentary	25 10:30 Chris Wells Presents: Mt Rainier National Park (ALR) 11:00 Catholic Mass (FEL) 2:00 Trivia 3:00 Travel Tour	26 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Music with Joyce (MLR) 3:00 Calming Coloring 7:00 Concert (CH. 1981)	
27 9:30 Chapel with Robert (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 2:30 Piano with April Gao 7:00 Concert (CH. 1981)	28 9:30 News That Matters 11:00 Stretch n’ Flex 2:00 Dog Therapy Visits with Charlotte 2:30 Finger-painting 3:30 Music with Shirley (MLR)	29 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Sing Along 2:00 Curious Dragonfly: Blowing Your Top Pt. II (ALR)	30 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Book Club 3:00 Hand Massages 3:30 Musical Movie	31 10:00 Stretch n’ Flex 10:30 Crosswords 2:00 Today in History 3:00 Ice Cream Shop Outing 3:00 Dog Therapy Visits with Megan		HAPPY BIRTHDAY! Byron S. — 7/3 Fred D. — 7/13 Margaret M. — 7/17 Menda C. — 7/30	

Calendar events and times are subject to change. Please check your Daily Schedule for current information!