



# Meadows Events

## May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
MLR—Meadows Living Room ALR—Alpine Living Room TDR—Timbers Dining Room TH—Cortez Theater FEL—Fellowship Hall CEN—Centennials TC—Town Center	<b>HAPPY BIRTHDAY!</b>  5/4—Katie C. 5/9—Shirley H. 5/14—Arthur N.			1 10:30 Garden Time 1:30 Memory Game 2:30 Afternoon Art 3:00 Dog Therapy Visits with Megan 3:30 Documentary	2 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 11:00 Word Games 1:30 Manicures 2:30 Travel Tour	3 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	<p>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!</p> <p><b>SUITES LIFE ENRICHMENT:</b> For questions or suggestions, please contact: Life Enrichment Coordinator Patrick Shelton at 720-266-5892</p> <p><b>COLOR KEY:</b>  <b>Important Meetings</b>  <b>Special Presentations</b>  <b>Refreshing Excursions</b>  <b>Awesome Entertainment</b>  <b>Documentary/Movie</b>  <b>Highlighted Program</b></p> <p>Seated Stretching (CH. 1981)</p> <ul style="list-style-type: none"> <li>Sun, Tues, Thurs at 5:00pm</li> </ul> <p>Meditation (CH. 1981)</p> <ul style="list-style-type: none"> <li>Mon, Wed, Fri, Sat at 5:00pm</li> </ul> <p>Wanderings (CH. 1981)</p> <ul style="list-style-type: none"> <li>Tuesday at 10:00am</li> <li>Friday at 10:00am (Encore)</li> </ul> <p>Community Updates (CH. 1981)</p> <ul style="list-style-type: none"> <li>Monday at 10:00am</li> </ul> <p>Entertainment (Theater)</p> <ul style="list-style-type: none"> <li>Sunday Movie at 1:00pm &amp; 6:00pm</li> <li>Monday Musical at 7:00pm</li> <li>Tuesday Classic at 7:00p</li> <li>Thursday Movie at 7:00pm</li> <li>Saturday Movie at 7:00pm</li> </ul> <p>Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.</p>
4 9:30 Chapel with Brian (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 3:15 Together Time 7:00 Concert (CH. 1981)	5 <b>Cinco De Mayo</b> 10:00 Stretch n' Flex 2:00 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Classic Movie	6 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 2:00 Cooking with Holly 3:00 Violin Music with Renee (MLR)	7 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club 2:30 Hand Massages 3:30 Musical Movie	8 10:00 Stretch n' Flex 10:30 Today in History 1:30 Afternoon Art 3:00 Suites Happy Hour (ALR) 3:00 Dog Therapy Visits with Megan 3:30 Documentary	9 10:00 Catholic Communion (FEL) 10:00 Music with Molly (MLR) 11:00 Word Games 1:30 Memory Lane 2:30 Travel Tour	10 <b>Sasha PTO</b> 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Music with Joyce (MLR) 3:00 Movie: <i>My Fair Lady</i> 7:00 Concert (CH. 1981)	
11 <b>Mother's Day</b> 9:30 Chapel with Cindy (FEL) 11:30 Hymns (CH. 1981) 3:00 Choice Time (Mother's Day Word Games, Art, & Trivia) 7:00 Concert (CH. 1981)	12 10:00 Stretch n' Flex 2:00 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR)	13 9:30 Dog Therapy Visits with Benji 10:00 Music Therapy 1:1 with San 11:00 Morning Motion 2:00 Music with Lindsay (TDR) 3:30 Classic Movie	14 9:45 Walking/Wheeling Club 10:30 Flower Arranging 12:00 Pizza Party 1:30 Book Club 2:30 Sensory Outings 3:30 Musical Movie	15 10:30 Garden Time 1:30 Memory Game 2:30 Afternoon Art 3:00 Dog Therapy Visits with Megan 3:30 Documentary	16 10:00 Catholic Communion (FEL) 10:00 Moving to Music 11:00 Word Games 1:30 Manicures 2:30 Travel Tour	17 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	
18 9:30 Chapel with Jocelyn (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 3:15 Together Time 7:00 Concert (CH. 1981)	19 10:00 Stretch n' Flex 2:00 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Classic Movie	20 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 1:30 Craft & Create 3:00 Music with Mark (TDR)	21 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club 2:30 Hand Massages 3:30 Musical Movie	22 10:00 Stretch n' Flex 10:30 Today in History 2:00 Suites Birthday Bash (ALR) 3:00 Dog Therapy Visits with Megan 3:30 Documentary	23 10:00 Catholic Mass (FEL) 10:30 Chris Wells Presents: Costa Rica (ALR) 1:30 Memory Lane 2:30 Travel Tour	24 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Music with Joyce (MLR) 3:00 Word Games 7:00 Concert (CH. 1981)	
25 9:30 Chapel with Robert (FEL) 10:00 Choice Time (Art, Puzzles, Brain Games) 11:30 Hymns (CH. 1981) 3:15 Together Time 7:00 Concert (CH. 1981)	26 <b>Memorial Day</b> 10:00 Stretch n' Flex 2:00 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR)	27 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Sing Along 1:00 Scenic Drive 3:00 Music Performance (MLR)	28 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club 2:30 Hand Massages 3:00 Storytelling with Spellbinders (MLR)	29 10:00 Stretch n' Flex 10:30 Today in History 1:30 Memory Game 2:30 Afternoon Art 3:00 Dog Therapy Visits with Megan 3:30 Documentary	30 10:00 Catholic Communion (FEL) 10:00 Moving to Music 11:00 Word Games 1:30 Manicures 2:30 Travel Tour	31 10:00 Choice Time (Art, Puzzles, Brain Games) 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	

**Calendar events and times are subject to change. Please check your Daily Schedule for current information!**