



# Meadows Events

## March 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
<b>30</b> 9:30 Chapel with Jake (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	<b>31</b> 10:30 Stretch n' Flex 1:30 Dog Therapy Visits with Charlotte 2:00 Curious Dragonfly Presentation (ALR) 3:00 Afternoon Art 6:00 Musical Movie		<b>HAPPY BIRTHDAY!</b> 3/8 – Nancy Kenyon 3/14 – Vera Jeffords 3/23 – Ella Mae Wood 3/24 – Jim Wiltshire 3/25 – Bev Forster	MLR—Meadows Living Room ALR—Alpine Living Room TDR—Timbers Dining Room TH—Cortez Theater FEL—Fellowship Hall CEN—Centennials TC—Town Center		<b>1</b> 9:30 Today in History 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	<p>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!</p> <p><b>SUITES LIFE ENRICHMENT:</b> For questions or suggestions, please contact: Life Enrichment Coordinator Patrick Shelton at 720-266-5892</p> <p><b>COLOR KEY:</b>  <b>Important Meetings</b>  <b>Special Presentations</b>  <b>Refreshing Excursions</b>  <b>Awesome Entertainment</b>  <b>Documentary/Movie</b>  <b>Highlighted Program</b></p> <p>Seated Stretching (CH. 1981)</p> <ul style="list-style-type: none"> <li>Sun, Tues, Thurs at 5:00pm</li> </ul> <p>Meditation (CH. 1981)</p> <ul style="list-style-type: none"> <li>Mon, Wed, Fri, Sat at 5:00pm</li> </ul> <p>Wanderings (CH. 1981)</p> <ul style="list-style-type: none"> <li>Tuesday at 10:00am</li> <li>Friday at 10:00am (Encore)</li> </ul> <p>Community Updates (CH. 1981)</p> <ul style="list-style-type: none"> <li>Monday at 10:00am</li> </ul> <p>Entertainment (Theater)</p> <ul style="list-style-type: none"> <li>Sunday Movie at 1:00pm &amp; 6:00pm</li> <li>Monday Musical at 7:00pm</li> <li>Tuesday Classic at 7:00p</li> <li>Thursday Movie at 7:00pm</li> <li>Saturday Movie at 7:00pm</li> </ul> <p>Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.</p>
<b>2</b> 9:30 Chapel with Jake (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	<b>3</b> 10:30 Stretch n' Flex 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 6:00 Musical Movie	<b>4</b> Mardi Gras 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 2:00 Cooking with Holly 3:00 Violin Music with Renee (MLR) 6:00 Classic Movie	<b>5</b> Ash Wednesday 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:30 Book Club 3:00 Hand Massages with Judy	<b>6</b> 9:30 Today in History 10:30 Garden Time 2:00 Afternoon Art 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	<b>7</b> 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 11:00 Stretch n' Flex 1:30 Manicures 2:30 Travel Tour	<b>8</b> 9:30 Today in History 2:00 Music with Joyce (MLR) 3:00 Brain Games & Puzzles 7:00 Concert (CH. 1981)	
<b>9</b> 9:30 Chapel with Cindy (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	<b>10</b> 10:30 Stretch n' Flex 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR) 6:00 Musical Movie	<b>11</b> 9:30 Dog Therapy Visits with Benji 10:00 Music Therapy 1:1 with San 2:00 Music with Steve (TDR) 3:00 Dominoes 6:00 Classic Movie	<b>12</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 12:00 Pizza Party 2:30 Sensory Outings 3:00 Hand Massages	<b>13</b> 9:30 Today in History 10:00 Moving to Music 2:00 Afternoon Art 3:00 Suites Happy Hour (ALR) 3:30 Dog Therapy Visits with Megan 6:00 Documentary	<b>14</b> 10:00 Catholic Communion (FEL) 10:00 Music with Molly (MLR) 11:00 Stretch n' Flex 1:30 Memory Lane 2:30 Travel Tour	<b>15</b> 9:30 Today in History 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	
<b>16</b> 9:30 Chapel with Robert (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	<b>17</b> 10:30 Stretch n' Flex 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 6:00 Musical Movie	<b>18</b> 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 11:00 Music Therapy with San (MLR) 2:00 Dominoes 3:00 Music with Mark (TDR) 6:00 Classic Movie	<b>19</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:30 Book Club 3:00 Hand Massages with Judy	<b>20</b> 9:30 Today in History 10:30 Garden Time 2:00 Afternoon Art 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	<b>21</b> 10:00 Catholic Communion (FEL) 11:00 Stretch n' Flex 1:30 Manicures 2:30 Travel Tour	<b>22</b> 9:30 Today in History 2:00 Music with Joyce (MLR) 3:00 Brain Games & Puzzles 7:00 Concert (CH. 1981)	
<b>23</b> 9:30 Chapel with Cheryl (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	<b>24</b> 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR) 6:00 Musical Movie	<b>25</b> 9:30 Dog Therapy Visits with Benji 10:00 Morning Motion 2:00 Dominoes 3:00 Storytelling with Spellbinders (MLR) 6:00 Classic Movie	<b>26</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:30 Book Club 3:00 Hand Massages	<b>27</b> 9:30 Today in History 10:00 Moving to Music 2:00 Suites Birthday Bash (ALR) 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	<b>28</b> 10:30 Chris Wells Presents: Mardi Gras (ALR) 11:00 Catholic Mass (FEL) 1:30 Memory Lane 2:30 Travel Tour	<b>29</b> 9:30 Today in History 2:00 Sing Along 3:00 Afternoon Art 7:00 Concert (CH. 1981)	

Calendar events and times are subject to change. Please check your Daily Schedule for current information!