



Meadows Events

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
HAPPY BIRTHDAY! 2/2—Marty Lamm 2/4—Helen Sullivan 2/6—Berine Draper 2/17—Betty Maloy 2/19— Betty Forsythe	MLR—Meadows Living Room ALR—Alpine Living Room TDR—Timbers Dining Room TH—Cortez Theater FEL—Fellowship Hall CEN—Centennials TC— Town Center					1 9:30 On This Day with Sasha with Donuts! 2:00 Sing Along 3:00 Positive News 7:00 Concert (CH. 1981)	<p>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!</p> <p>SUITES LIFE ENRICHMENT: For questions or suggestions, please contact: Life Enrichment Coordinator Patrick Shelton at 720-266-5892</p> <p>COLOR KEY: Important Meetings Special Presentations Refreshing Excursions Awesome Entertainment Documentary/Movie Highlighted Program</p> <p>Seated Stretching (CH. 1981)</p> <ul style="list-style-type: none"> Sun, Tues, Thurs at 5:00pm <p>Meditation (CH. 1981)</p> <ul style="list-style-type: none"> Mon, Wed, Fri, Sat at 5:00pm <p>Wanderings (CH. 1981)</p> <ul style="list-style-type: none"> Tuesday at 10:00am Friday at 10:00am (Encore) <p>Community Updates (CH. 1981)</p> <ul style="list-style-type: none"> Monday at 10:00am <p>Entertainment (Theater)</p> <ul style="list-style-type: none"> Sunday Movie at 1:00pm & 6:00pm Monday Musical at 7:00pm Tuesday Classic at 7:00pm Wednesday TV Series at 7:00pm Thursday Movie at 7:00pm Saturday Movie at 7:00pm <p>Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized engagement.</p>
2 9:30 Chapel with Jake (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	3 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 6:00 Musical Movie	4 9:30 Dog Therapy Visits with Benji 10:00 Manicures 11:00 Music Therapy with San (MLR) 2:00 Cooking with Holly 3:00 Violin Music with Renee (MLR) 6:00 Classic Movie	5 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:30 Sensory Outings 3:00 Hand Massages with Judy	6 10:30 Garden Time 1:30 Sing Along 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	7 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 11:00 Stretch n' Flex 1:30 Travel Tour 3:30 Afternoon Art	8 9:30 On This Day with Sasha with Donuts! 2:00 Music with Joyce (MLR) 3:00 Brain Games & Puzzles 7:00 Concert (CH. 1981)	
9 9:30 Chapel with Cindy (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 4:30 Superbowl Party (MLR) 7:00 Concert (CH. 1981)	10 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR) 6:00 Musical Movie	11 <u>Love Display Starts</u> 9:30 Dog Therapy Visits with Benji 10:00 Music Therapy 1:1 with San 11:00 Puzzles 2:00 Music with Steve (TDR) 3:00 Trivia 6:00 Classic Movie	12 9:45 Walking/Wheeling Club 10:30 Flower Arranging 12:00 Pizza Party 1:00 Music with Jake and Claire (ALR) 2:30 Sensory Outings 3:00 Hand Massages	13 10:30 Book Club 1:30 Sing Along 3:00 Suites Happy Hour (ALR) 3:30 Dog Therapy Visits with Megan 6:00 Documentary	14 <u>Valentine's Day</u> 10:00 Catholic Communion (FEL) 10:00 Music with Molly (MLR) 11:00 Stretch n' Flex 1:30 Travel Tour 3:30 Afternoon Art	15 9:30 On This Day with Sasha with Donuts! 2:00 Sing Along 3:00 Positive News 7:00 Concert (CH. 1981)	
16 9:30 Chapel with Robert (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 1:30 Music with Cowboy Bob (MLR) 2:00-4:00 Girl Scout Cookie Sales 7:00 Concert (CH. 1981)	17 <u>President's Day</u> 9:30 Curious Dragonfly (ALR) 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 6:00 Musical Movie	18 <u>Love Display Ends</u> 9:30 Dog Therapy Visits with Benji 10:00 Manicures 11:00 Music Therapy with San (MLR) 2:00 Trivia 3:00 Music with Mark (TDR) 6:00 Classic Movie	19 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Suites Birthday Bash (ALR) 2:30 Sensory Outings 3:00 Hand Massages with Judy	20 10:30 Garden Time 1:30 Sing Along 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	21 10:00 Catholic Communion (FEL) 11:00 Stretch n' Flex 1:30 Travel Tour 3:30 Afternoon Art	22 9:30 On This Day with Sasha with Donuts! 2:00 Music with Joyce (MLR) 3:00 Brain Games & Puzzles 7:00 Concert (CH. 1981)	
23 9:30 Chapel with Cheryl (FEL) 11:00 Together Time 11:30 Hymns (CH. 1981) 3:15 Game Time 7:00 Concert (CH. 1981)	24 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 Afternoon Art 3:30 Music with Shirley (MLR) 6:00 Musical Movie	25 9:30 Dog Therapy Visits with Benji 11:00 Puzzles 2:00 Trivia 3:00 Storytelling with Spellbinders (MLR) 6:00 Classic Movie	26 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:30 Sensory Outings 3:00 Hand Massages	27 10:30 Book Club 1:30 Sing-a-Long 3:00 Game Time 3:30 Dog Therapy Visits with Megan 6:00 Documentary	28 10:30 Chris Wells Presentation (ALR) 11:00 Catholic Mass (FEL) 1:30 Travel Tour 3:30 Afternoon Art		

Calendar events and times are subject to change. Please check your Daily Schedule for current information!