

## **Meadows** Events December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1 9:30 Chapel with Kendall (FEL) 9:45 Balloon Ball 11:30 Hymns (CH 1981) 1:00 Choice Time: Puzzles, Coloring and Brain Games 3:00 Finish the Phrase	2 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:00 First Music Monday (FEL) 2:30 Brain Games 6:00 Musical Movie	3 10:00 Morning Stretch 10:30 Dog Therapy Visits with Benji 11:00 Music Therapy 1:1 2:00 Cooking with Holly 3:00 Violin Music with Renee (MLR)	4 9:45 Walking/ Wheeling Club 10:30 Flower Arranging 1:30 Book Club 2:30 Sensory Outings 3:30 Hand Massages	5 10:45 Game Time 1:00 Exercise 2:00 Sing Along 3:30 Dog Therapy Visits with Megan 6:00 Documentary	6 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) 10:00 Music with Dan (TDR) 1:00 Travel Tour 2:00 Curious Dragonfly (ALR) 3:30 Afternoon Art	7 9:30 On T Sasha wit 10:30 Cho Puzzles, Co Brain Game 2:00 Posi
8 9:30 Chapel with Robert (FEL) 9:45 Balloon Ball 11:30 Hymns (CH 1981) 2:00 Music with Cowboy Bob (MLR) 3:00 Finish the Phrase	9 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 What's in the Bag? 3:30 Music with Shirley (MLR) 6:00 Musical Movie	10 9:30 Preschool Students (TLR) 10:00 Music Therapy with San (TLR) 10:30 Dog Therapy Visits with Benji 2:00 Music with Lindsay (TDR) 6:00 Classic Movie	11 9:45 Walking/Wheeling Club 10:30 Flower Arranging 12:00 Pizza Party 1:30 Book Club 2:00 Holly Creek Bell Ringers Concert (FEL) 2:15 Girls Scouts Christmas Carols (TLR) 2:30 Sensory Outings 3:30 Hand Massages	12 10:00 Game Time 10:30 Storytelling with Wes Couthen 1:00 Exercise 2:00 Sing Along 3:00 Suites Happy Hour (ALR) 3:30 Dog Therapy Visits with Megan 6:00 Documentary	13 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) 10:30 Music with Molly (MLR) 1:00 Travel Tour 3:30 Afternoon Art	14 9:30 On T Sasha wit 10:30 Cho Puzzles, Co Brain Game 2:00 Mus (MLR)
<ul> <li>15</li> <li>9:30 Chapel with Cindy (FEL)</li> <li>9:45 Balloon Ball</li> <li>11:30 Hymns (CH 1981)</li> <li>1:00 Choice Time: Puzzles, Coloring and Brain Games</li> <li>3:00 Finish the Phrase</li> <li>3:00 Dance Academy (FEL)</li> </ul>	16 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 What Do I See? 6:00 Musical Movie	17 10:00 Morning Stretch 10:30 Dog Therapy Vis- its with Benji 11:00 Music Therapy 1:1 2:00 Puzzles 3:00 Music with Steve (TDR) 6:00 Classic Movie	18 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club 2:00 Holly Creek Christ- mas Concert (FEL) 2:30 Sensory Outings 3:30 Hand Massages	19 10:00 Game Time 1:00 Exercise 2:00 Sing Along 3:30 Dog Therapy Visits with Megan 6:00 Documentary	20 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) 1:00 Travel Tour 2:00 Dawn & Steve's White Christmas (FEL) 3:30 Afternoon Art	21 9:30 On T Sasha wit 10:30 Cho Puzzles, Co Brain Game 2:00 Posi
22 9:30 Chapel with Brian (FEL) 9:45 Balloon Ball 11:30 Hymns (CH 1981) 1:00 Choice Time: Puzzles, Coloring and Brain Games 3:00 Finish the Phrase 5:00 Caroling (MDR)	23 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 20 questions 3:30 Music with Shirley (MLR) 6:00 Musical Movie	24 <u>Christmas Eve</u> 10:00 Morning Stretch 10:30 Dog Therapy Visits with Benji 10:00 Music Therapy with San (TLR) 1:00 Christmas Eve Chapel with Cheryl (FEL) 3:00 Storytelling with Spellbinders (MLR) 6:00 Classic Movie	25 <u>Christmas Day</u> 10:00-2:00 Christmas Day Buffet (CEN) 10:30 Flower Arranging 1:30 Book Club	26 10:00 Game Time 11:00 Sing-a-Long 1:00 Exercise 2:00 Birthday Bash (ALR) 3:30 Dog Therapy Visits with Megan 6:00 Documentary	27 10:00 Stretch n' Flex 11:00 Catholic Mass (FEL) 1:00 Travel Tour 3:30 Afternoon Art	28 9:30 On T Sasha wit 10:30 Cho Puzzles, Co Brain Game 2:00 Mus (MLR)
29 9:30 Chapel with Anisia (FEL) 9:45 Balloon Ball 11:30 Hymns (CH 1981) 1:00 Choice Time: Puzzles, Coloring and Brain Games 3:00 Finish the Phrase	30 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 20 questions 6:00 Musical Movie	31 <u>New Year's Eve</u> 10:00 Morning Stretch 10:30 Dog Therapy Visits with Benji 11:00 Music Therapy 1:1 2:00 Mini Chapel with Cheryl 6:00 Classic Movie			HAPPY BIRTHDAY! 12/2—Doris R. 12/14—Margo S. 12/23—Chris C. 12/24—Billie Mae S. 12/31—Beth H.	ALR—Alpin TLR—Timb Room TDR—Timb Room MLR—Mea Room TH—Cortez FEL—Fello CEN—Cent

Calendar events and times are subject to change. Please check your Daily Schedule for current information!



# Christian Living communities

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This Day with ith Donuts! noice Time: Coloring and mes isic with Joyce

This Day with ith Donuts! noice Time: Coloring and nes sitive News

#### This Day with ith Donuts! noice Time: Coloring and mes isic with Joyce

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## **Additional Info**

Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!

**SUITES LIFE ENRICHMENT:** For questions or suggestions, please contact: **Life Enrichment Coordinator** Patrick Shelton at 720-266-5892

**COLOR KEY: Important Meetings Special Presentations Refreshing Excursions Awesome Entertainment Documentary/Movie Highlighted Program** 

### Seated Stretching (CH. 1981)

• Sun, Tues, Thurs at 5:00pm

Meditation (CH. 1981)

• Mon, Wed, Fri, Sat at 5:00pm Wanderings (CH. 1981)

• Tuesday at 10:00am

• Friday at 10:00am (Encore)

**Community Updates (CH. 1981)** 

• Monday at 10:00am

**Entertainment (Theater)** 

- Sunday Movie at 1:00pm & 6:00pm
- Monday Musical at 7:00pm
- Tuesday Classic at 7:00pm
- Weds. The Love Boat at 7:00pm
- Thursday Movie at 7:00pm
- Saturday Movie at 7:00pm

Unscheduled activities not included on the calendar are snacks, walks, friendly visits, and other personalized