



# Meadows Events

## October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
<b>HAPPY BIRTHDAY!</b> Brad D. - 10/17 Stu H. - 10/17 Phoebe A. - 10/22 Treva F. - 10/28 Charles A. - 10/29 Grace B. - 10/30		<b>1</b> 10:00 Dog Therapy Visits with Benji 10:00 Morning Stretch 11:00 Music Therapy 2:00 Cooking with Holly <b>3:00 Violin Music with Renee (TDR)</b>	<b>2</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club <b>2:30 Sensory Outings</b> 3:00 Hand Massages with Judy	<b>3</b> 9:45 Game Time <b>10:30 Garden Time with Michele</b> 2:00 Goat Therapy (GARDEN) 3:30 Dog Therapy Visits with Megan <b>6:00 Documentary</b>	<b>4</b> 10:00 Catholic Communion (TH) <b>10:00 Music with Dan (TDR)</b> 1:00 Virtual Tour of Catania, Italy 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>5</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>3:30 Positive News</b> 7:00 Concert (CH1981)	<p>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!</p> <p><b>SUITES LIFE ENRICHMENT:</b>            For questions or suggestions, please contact:  <b>Patrick Shelton</b>            Life Enrichment Coordinator            at 720-266-5892</p> <p><b>COLOR KEY:</b>  <b>Important Meetings</b>  <b>Special Lectures</b>  <b>Refreshing Excursions</b>  <b>Awesome Entertainment</b>  <b>Documentary/Movie</b></p> <p><b>SILLY JOKE CORNER</b>            Q: Why was Cinderella so bad at soccer?            A: She kept running away from the ball            Q: What do lawyers wear to court?            A: Lawsuits            Q: What do sprinters eat before a race?            A: Nothing. They fast.</p> <p>Unscheduled activities not included on the calendar are snacks, walks, friendly visits, hand massages and other personalized engagement.</p>
<b>6</b> 9:30 Chapel with Kendall (FEL) 11:30 Hymns (CH 1981) 7:00 Concert (CH 1981)	<b>7</b> 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte <b>2:00 First Music Monday with Pianist Tanya Taylor (FEL)</b> 3:30 Brain Games <b>6:00 Musical Movie</b>	<b>8</b> 10:00 Dog Therapy Visits with Benji 10:00 Morning Stretch 10:00 Music Therapy 1:1 Visits <b>2:00 Music with Steve (TDR)</b> <b>6:00 Classic Movie</b>	<b>9</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging <b>12:00 Pizza Party</b> 1:30 Book Club <b>2:30 Sensory Outings (TLR)</b> 3:30 Hand Massages	<b>10</b> 9:45 Game Time <b>10:30 Storytelling with Wes Couthen</b> 2:00 Sing Along <b>3:00 Suites Happy Hour (ALR)</b> 3:30 Dog Therapy Visits with Megan <b>6:00 Documentary</b>	<b>11</b> 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) <b>10:30 Music with Molly</b> 1:00 Virtual Tour of Budapest, Hungary 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>12</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>2:00 Music with Joyce</b> 7:00 Concert (CH 1981)	
<b>13 TRISHAW RIDES</b> 9:30 Chapel with Robert (FEL) 11:30 Hymns (CH 1981) <b>2:00 Music with Cowboy Bob (MLR)</b> 7:00 Concert (CH 1981)	<b>14 TRISHAW RIDES</b> 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 What's in the Bag? <b>3:30 Music with Shirley</b> <b>6:00 Musical Movie</b>	<b>15</b> 10:00 Dog Therapy Visits with Benji 10:00 Morning Stretch 11:00 Music Therapy 2:00 Puzzles <b>3:00 Music with Lindsay Pratt (TDR)</b> <b>6:00 Classic Movie</b>	<b>16</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club <b>2:30 Sensory Outings</b> 3:00 Hand Massages with Judy	<b>17</b> 9:45 Game Time <b>10:30 Garden Time with Michelle</b> 2:00 Sing Along 3:30 Dog Therapy Visits with Megan <b>6:00 Documentary</b>	<b>18</b> 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) 1:00 Virtual Tour of Naples, Italy 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>19</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>3:30 Positive News</b> 7:00 Concert (CH 1981)	
<b>20</b> 9:30 Chapel with Cheryl (FEL) 11:30 Hymns (CH 1981) 7:00 Concert (CH 1981)	<b>21</b> 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 What Do I See? 3:30 Brain Games <b>6:00 Musical Movie</b>	<b>22</b> 10:00 Dog Therapy Visits with Benji 10:00 Morning Stretch 2:00 Mini Chapel with Cheryl <b>3:00 Storytelling with Spellbinders</b> <b>6:00 Classic Movie</b>	<b>23</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club <b>2:00 Birthday Bash with Saxxy Patty (ALR)</b> 3:30 Hand Massages	<b>24</b> 9:45 Game Time 10:30 Sing-a-Long 2:00 Manicures 3:30 Dog Therapy Visits with Megan <b>6:00 Documentary</b>	<b>25</b> 10:00 Stretch n' Flex <b>10:30 Chris Wells Presents: (ALR)</b> 11:00 Catholic Mass (FEL) 1:00 Virtual Tour of Central Park, N.Y. 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>26</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>2:00 Music with Joyce</b> 7:00 Concert (CH 1981)	
<b>27</b> 9:30 Chapel with Brian (FEL) 11:30 Hymns (CH 1981) 7:00 Concert (CH 1981)	<b>28</b> 10:30 Exercise 1:30 Dog Therapy Visits with Charlotte 2:30 20 questions <b>3:30 Music with Shirley</b> <b>6:00 Musical Movie</b>	<b>29</b> 9:30 Preschool Students (ALR) 10:00 Dog Therapy Visits with Benji 10:00 Morning Stretch <b>2:00 Curious Dragonfly: Alfred Packer, Part I (ALR)</b> 2:00 Puzzles <b>6:00 Classic Movie</b>	<b>30</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 1:30 Book Club 3:30 Hand Massages	<b>31</b> 9:45 Game Time 10:30 Mini Horse Visits 2:00 Manicures 3:30 Dog Therapy Visits with Megan <b>6:00 Documentary</b>		ALR—Alpine Living Room TH—Cortez Theater FEL—Fellowship Hall TLR—Timbers Living Room TDR—Timbers Dining Room	

Calendar events and times are subject to change. Please check your Daily Schedule for current information!