



# Meadows Events

## July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Additional Info
	<b>1</b> 10:30 Exercise <b>2:00 First Music Monday with Pianist Scott Hackler (FEL)</b> 3:30 Brain Games <b>5:00 Musical Movie: A Star is Born</b>	<b>2</b> 9:30 Morning Stretch 11:00 Music Therapy 2:00 Cooking with Holly <b>3:00 Music with Roz</b> <b>5:00 Movie: Dances with Wolves</b>	<b>3</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging 2:00 Book Club <b>2:30 Sensory Outings</b> 3:30 Hand Massages with Judy	<b>4 Independence Day!</b> 10:30 Eldergrow with Michelle 2:30 Positive News 3:30 Dog Therapy Visits with Megan <b>5:00 Documentary: Life of Birds, #1</b>	<b>5</b> 10:00 Catholic Communion (TH) <b>10:00 Music with Dan (TDR)</b> 2:30 Virtual Tour of the Roman Forum 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>6</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>3:30 Positive News</b> 7:00 Concert (CH1981)	<p>Check your daily schedule for Channel 1981 movies, music, lectures and humor, all curated for Holly Creek!</p> <p><b>SUITES LIFE ENRICHMENT:</b>            For questions or suggestions, please contact:  <b>Patrick Shelton</b>            Life Enrichment Coordinator            at 720-266-5892</p> <p><b>COLOR KEY:</b>  <b>Important Meetings</b>  <b>Special Lectures</b>  <b>Refreshing Excursions</b>  <b>Awesome Entertainment</b>  <b>Documentary/Movie</b></p> <p><b>SILLY JOKE CORNER</b>            Q: What do you call a sheep who can sing and dance?            A: <i>Lady Ba Ba!</i>            Q: What do you call a French man wearing sandals?            A: <i>Philippe Fallop!</i>            Q: What do mermaids use to wash their fins?            A: <i>Tide!</i></p> <p>Unscheduled Activities not included on the calendar are walks, individual therapy dog visits, individual music therapy, hand massages and other personalized engagement.</p>
<b>7</b> 9:30 Chapel with Cindy (FEL) 11:30 Hymns (CH 1981) 7:00 Concert (CH 1981)	<b>8</b> 10:30 Exercise 2:30 Independence Day Trivia <b>3:30 Music with Shirley</b> <b>5:00 Musical Movie: Bringing Up Baby</b>	<b>9</b> 9:30 Dog Therapy Visits with Benji 10:00 Music Therapy 1:1 Visits 1:15 Rummage Wagon with Manon <b>2:00 Scenic Drive</b> <b>5:00 Movie: Stranger Than Fiction</b>	<b>10</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging <b>12:00 Pizza Party &amp; Resident Council</b> 2:00 Book Club 3:00 Hand Massages with Carla & Dick	<b>11</b> 10:30 Storytelling with Wes Couthen 2:30 Sing-a-Long <b>3:00 "Picnic Party" Suites Happy Hour (ALR)</b> 3:30 Dog Therapy Visits with Megan <b>5:00 Documentary: Life of Birds, #2</b>	<b>12</b> 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) <b>10:30 Music with Molly</b> 2:30 Virtual Tour of Japanese Garden 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>13</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>2:00 Music with Joyce</b> 7:00 Concert (CH 1981)	
<b>14</b> 9:30 Chapel with Brian (FEL) 11:30 Hymns (CH 1981) 1:30 Dog Therapy Visits with Charlotte 2:00 Time with Aimee	<b>15 TRISHAW RIDES</b> 10:30 Exercise 2:30 Positive News 3:30 Brain Games <b>5:00 Musical Movie: Call Me Madam</b>	<b>16</b> 9:30 Dog Therapy Visits with Benji 2:00 Book Club <b>2:30 Music with Josh (TDR)</b> <b>5:00 Movie: The Bucket List</b>	<b>17</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging <b>2:30 Sensory Outings</b> 3:30 Hand Massages with Judy	<b>18</b> 10:30 Eldergrow with Michelle 2:30 Sing-a-Long 3:30 Dog Therapy Visits with Megan <b>5:00 Documentary: Life of Birds, #3</b>	<b>19</b> 10:00 Stretch n' Flex 10:00 Catholic Communion (FEL) <b>2:00 Curious Dragonfly Presents: Natural Disasters (ALR)</b> 2:30 Virtual Tour of Tokyo Cherry Blossoms 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>20</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>3:30 Hand Massages</b> 7:00 Concert (CH 1981)	
<b>21</b> 9:30 Chapel with Robert (FEL) 11:30 Hymns (CH 1981) 7:00 Concert (CH 1981)	<b>22</b> 10:30 Exercise 2:30 Watercolor Painting <b>3:30 Music with Shirley</b> <b>5:00 Musical Movie: The Jolson Story</b>	<b>23</b> 9:30 Morning Stretch 11:00 Music Therapy 2:00 Puzzles! <b>3:00 Storytelling with Spellbinders</b> <b>5:00 Movie: Philadelphia Story</b>	<b>24</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging <b>2:00 Birthday Bash (ALR)</b> 2:30 Bean Bag Toss 3:00 Hand Massages with Carla & Dick	<b>25</b> 10:30 Sing-a-Long <b>1:15 Fruit Bars (Garden)</b> 3:30 Dog Therapy Visits with Megan <b>5:00 Documentary: Sentimental Serenity</b>	<b>26</b> 10:00 Stretch n' Flex 10:00 Confession (FEL) <b>10:30 Chris Wells Presents: France (ALR)</b> 11:00 Catholic Mass (FEL) 2:30 Virtual Tour of St. Peter's Basilica 3:30 Afternoon Art 7:00 Concert (CH 1981)	<b>27</b> 9:30 On This Day with Sasha with Donuts! 10:30 Choice Time: Puzzles, Coloring and Brain Games <b>2:00 Music with Joyce</b> 7:00 Concert (CH 1981)	
<b>28 TRISHAW RIDES</b> 9:30 Chapel with Kendall (FEL) 11:30 Hymns (CH 1981) 1:30 Dog Therapy Visits with Charlotte 7:00 Concert (CH 1981)	<b>29</b> 10:30 Exercise 2:30 Positive News 3:30 Brain Games <b>5:00 Musical Movie: The Music Man</b>	<b>30</b> 9:30 Dog Therapy Visits with Benji 10:00 Mini Chapel with Cheryl <b>2:00 Scenic Drive</b> <b>5:00 Movie: What's Up, Doc?</b>	<b>31</b> 9:45 Walking/Wheeling Club 10:30 Flower Arranging <b>11:00-3:00 Summer Fun Community Carnival (TC)</b> 2:30 Puzzles! 3:30 Hand Massages with Judy	<b>HAPPY BIRTHDAY!</b> Eve H. — 7/2 Byron S. — 7/3 Colleen H. — 7/15 Margaret M. — 7/17 Agatha C. — 7/26 Menda C. — 7/30	ALR—Alpine Living Room TH—Cortez Theater FEL—Fellowship Hall TLR—Timbers Living Room TDR—Timbers Dining Room		

Calendar events and times are subject to change. Please check your Daily Schedule for current information!