

May 2024 Residential Living

Happy Birthday: 5/1—Dick Ken 5/6—John Bayard 5/9—Shirley Hull 5/11—Nancy Miller 5/14—Art Newsham 5/18—Gordon Henderson

5/23—Jane Scofield

5/28—Judith Bond

5/3—Martha Groebe 5/6—Donna Mellencamp 5/10—Karla Langton 5/11—Martin Allen 5/15—Carolyn Longmire 5/18—Ruth Kawamura 5/23—Tricia Darrah 5/29—Katherine Lewallen

5/1—Dean Lund

5/1—Marion Bolyard 5/4—Katie Cuntz 5/7—Peter Jenkins 5/11—Maria Graves 5/12—Marge Westhoff 5/16—Jim Neuman 5/19—Tammy Sherman 5/25—Susan LaFleur 5/30—Sue Wallendorf

5/8—Joyce Opgenorth 5/11—Mary Metzger 5/13—Ken Stenman 5/18—Arleda Ballard 5/23—Jan Kershner 5/28—Heather Holmes 5/30—Darlene Steder

5/1—Ed Curley

5/5—Bob Morehead

				5/28—Jud 5/31—Con	nie Sommer	atherine Lewallen 5/30—8	Sue Wallendorf 5/30—Darlene Steder
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events
April Hager Director of Community Life: 720-266-5894 Miranda Pospisil Assistant 720-266-5635	LOCATION LEGEND: ART-Durango Room CEN-Centennials FEL-Fellowship Hall SIL-Silverton Gallery TC-Town Center TH-Theater WC-Wellness Center	 Suites Event/Program Theater Programs Community Event Ch. 1981 Program Resident Committee Excursions Highlighted Program 	1 11:00 TED Talks with April: How to Spot A Liar (TH) 2:00 Understanding Alzheimer's and Dementia with the Alzheimer's Association (FEL) 4:15 Departure: Dinner at Danielle's Scratch Kitchen	2 11:00 10 on 10 (TH) 2:00 Jeopardy with Host Rick Fernandez (TH) 7:00 Thursday at the Movies: Moneyball (TH)	3 10:00 Catholic Communion (FEL) 11:00 The Gilded Age, Episode 5: Charity Has Two Functions (TH) 1:00 Park Meadows Mall Trip 3:00 Hearing Group (FEL) 4:00 Martha Groebe 90th Birthday Party (TC)	4 1:30 Jewelry Making with Jan Kershner (ART) 3:00 Finding Your Roots: War Stories (TH) 7:00 The OMNI Foundation Presents: Beijing Guitar Duo (Ch. 1981) 7:00 Saturday Night Movie: Shirley (TH)	FITNESS SCHEDULE Fitness with Lindsay (WC) Mon, Wed, Fri 8:00, 9:00 Stretch & Flex (WC) Mon, Wed, Fri, 10:00 am Mobility & Fitness with Ann (WC) Tues 8:00 & 9:00 & Thu 8:00 Tai Chi with Sharon (WC) Tues & Thu 10 am Yoga with Máire (WC) Thu 8:45 am, Sat 9:30 am Balance Class with Lindsay (WC) Tue, Thu 1:00 pm Strength Training for Fall Recovery (WC) Tue, Thu 2 pm Strength and Conditioning (WC) Tues, 3:00 pm Cognitive Balance Thu 3:00 pm (WC) Fish Tank (meditation) (Ch. 1981) Mon, Wed, Fri, Sat 5:00 pm Balance Boogie (Ch. 1981) Monday-Sunday, Various times See Weekly Schedule for details Seated Stretching (Ch. 1981) Tues, Thu, Sun 5:00 pm Sunday 11:30 Hymns with Natalie Raynes (Ch. 1981) 1:00 Painting with Bob Ross (Ch. 1981) Monday 10:00 Community Updates (HCRK, Ch 1981) 2:00 Artists Studio (ART) 6:30 Hand & Foot (ART) Tuesday 1:00 Needles & Threads (SIL) 6:30 Cribbage (SIL) Wednesday 1:00 Party Bridge (SIL) 3:30 Spiritual Video Series (FEL) 7:00 The Love Boat (Ch. 1981) Thursday 6:30 Rummikub (SIL) Friday 7:00 Concert Series (Ch 1981) Saturday 9:30 Mindfulness Meditation (SIL) 1st/3rd Saturday 10:30 Knit Wits (ART) 1:00-3:00 GenTech IT Support (Lobby) 1:00-3:30 Mah Jong (SIL)
5 9:30 Chapel with Cheryl (FEL) 1:00 & 6:00 Movie and Popcorn: Moneyball (TH) 6:15 Departure: Cirque de la Symphonie with the Boulder Philharmonic at Lone Tree Arts Center 7:00 The OMNI Foundation Presents: Beijing Guitar Duo (Ch. 1981)	with Pianist Scott	7 11:00 Classical Mythology: The Tragedies of King Oedipus (TH) 1:30 Peakview Review (FEL) 3:30 Bible Study (SIL) 5:00 MOPS Group Mother's Day Singing (CEN) 7:00 Tuesday Classic (TH)	8 9:30 Hearing Clinic (Lounge) 10:30 Spiritual Life Committee (SIL) 11:00 TED Talks: How to Spot A Deep Fake (TH) 1:30 Scattergories with Rick (ART) 3:00 Green Team (ART) 3:30 Spiritual Video Series (TH) 7:00 Holly Creek Bell Ringers Concert (FEL)	9 8:30-10:00 Founders Day Breakfast Featuring The Earthen Vessel Award **RSVP Required 11:00 10 on 10 (WC) 2:00 Jeopardy with Host Rick Fernandez (TH) 3:00 Ambiance Committee (ART) 7:00 Thursday at the Movies: You've Got Mail (TH)	10 10:00 Catholic Communion (FEL) 11:00 The Gilded Age, Episode 6: Heads Have Rolled for Less (FEL) 1:30 World Issues: Iceland with Active Minds (FEL) 3:00 This is Us: Season 1, Episode 8: Pilgrim Rick (TH) 6:00 Departure: Brahms Symphony No. 3 with the Colorado Symphony	3:00 Finding Your Roots: Family Reunions (TH) 7:00 The OMNI Foundation Presents: Mateusz Kowalski, Guitar, Part I (Ch. 1981) 7:00 Saturday Night Movie: The Theory of Everything (TH)	
12 MOTHER'S DAY 9:30 Chapel with Cindy FEL) 10:00-11:30 Mother's Day Brunch, First Seating (CEN) 11:30-1:00 Mother's Day Brunch, Second Seating (CEN) 1:00 & 6:00 Movie and Popcorn: You've Got Mail (TH) 7:00 The OMNI Foundation Presents: Mateusz Kowalski, Guitar Part I (Ch. 1981)	13 10:30 World Religions (FEL) 1:00-3:00 Holly Creek Shred-A-Thon (FEL) 2:00 Brain Boosters with Miranda (WC) 4:00 Laura Rodriguez Celebration of Life (FEL) 7:00 Monday Musical (TH)	14 10:00 Bookmobile (LIB) 11:00 Music Appreciation: Guide to the Orchestra, Auxiliary Instruments (TH) 1:00 Classical Mythology: Monstrous Females and Female Monsters (TH) 2:00 Food Committee (CEN) 3:00 Cottager Standing Committee (ART) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	8:00 Men's Breakfast (FEL) 11:00 TED Talks with April: The Surprising Habits of Original Thinkers (TH) 11:00 Finance Committee (SIL) 11:30 Departure: Lunch and Tour at the Denver Aquarium 1:30 CLC State of the Union with CLC Leadership (FEL) 3:30 Spiritual Video Series (TH)	16 11:00 10 on 10 (TH) 1:30 Hospitality Committee (ART) 2:30 Book Club (SIL) 4:00-5:00 Cinco de Derby Community Happy Hour (TC) 7:00 Thursday at the Movies: Places in the Heart (TH)	17 10:00 Catholic Communion (FEL) 11:00 The Gilded Age, Episode 9: Irresistible Change (TH) 2:00 World Champion Accordion with Accordionists Dan & Kim Christian (FEL) 3:00 This is Us: Season 1, Episode 9: The Trip (TH)	18 3:00 Finding Your Roots: The Pioneers (TH) 7:00 The OMNI Foundation Presents: Mateusz Kowalski, Guitar Part II (Ch. 1981) 7:00 Saturday Night Movie: The Beautiful Game (TH)	
9:30 Chapel with Kendall (FEL) 1:00 & 6:00 Movie and Popcorn: Places in the Heart (TH) 4:00 Cottager Concert with Alfredo Muro, Spanish Guitar (FEL) 5:30 Departure: Neil Berg's 100 Years of Broadway at Parker Arts Center 7:00 Mateusz Kowalski, Guitar Part II (Ch. 1981)	Safety Committee (SIL)	21 11:00 St. Gabriel's Service (TH) 1:00 Classical Mythology: Roman Founder, Roman Fables (TH) 2:00 Resident Association Board Meeting (FEL) 3:00 Cottager Concert Committee (ART) 3:30 Bible Study (SIL) 7:00 Fellowship of the Ringers Handbell Concert (TH)	22 11:00 TED Talks with April: AI is Turning Into Something Totally New (TH) 1:00 Lifecare Contract Review Meeting (TH) 2:00 Travels with Curt Huber (TH) 3:00 Teaching Kitchen: Leafy Greens (BISTRO) 3:30 Spiritual Video Series (TH)	23 11:00 10 on 10 (TH) 2:00 Understanding Memory As We Age with Infinity Rehab (TH) 3:00 Poetry Explorers with Larry and Karla Langton (SIL) 7:00 Thursday at the Movies: Freud's Last Session (TH)	24 10:30 Chris Wells Presents: Mexico, A Land of Extremes (Alpine) 11:00 Catholic Mass (FEL) 11:00 The Gilded Age, Episode 8: Tucked Up in Newport (TH) 1:30 World Issues: Hawaii with Active Minds (FEL) 3:00 Excursion Committee (ART) 3:00 This is Us: Season 1, Episode 10: Last Christmas	25 3:00 Finding Your Roots: The Long Way Home (TH) 7:00 The OMNI Foundation Presents: Filippos Manoloudis, Guitar (Ch. 1981) 7:00 Saturday Night Movie: Critical Thinking (TH)	
9:30 FINAL Chapel with	11:00 Brain Boosters with Miranda (WC) 2:00 Memorial Day Music with Pianist Molly Kaufmann	28 10:00 Bookmobile (LIB) 11:00-4:00 FINAL Sheldon Jewelry Clinic (TC) 11:00 Writers Circle (SIL) 1:00 Classical Mythology: From Ovid to the Stars (TH) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	29 11:00 TED Talks with April: Do We See Reality As it is? (TH) 1:30 Classical Music from Paris and Beyond with Betsy Schwarm (FEL) 4:00-6:00 Jim Kok Retirement Celebration (TC, CEN)	30 11:00 10 on 10 (TH) 1:30 Scattergories with April (ART) 2:00 Curious Dragonfly Presents: The Hindenburg, Part II (ALR) 7:00 Thursday at the Movies: Love Divided (TH)	31 10:00 Catholic Communion (FEL) 11:00 The Gilded Age, Episode 9: Let the Tournament Begin (TH) 1:30 Holly Creek Community Sing-A-Long: Introduction to Len Rhodes (FEL) 3:00 This is Us: Season 2, Episode 1: A Father's Advice (TH)		