




# March 2024 Residential Living



**Happy Birthday:**

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|--------------------|------------------------|------------------------|
| 3/1—Doris Cody     | 3/5—Norma Heinschel    | 3/7—Dave Lorenz        |
| 3/8—Nancy Kenyon   | 3/13—Great Lea Johnson | 3/14—Vera Jeffords     |
| 3/16—Ann Felteau   | 3/16—Bev Baker         | 3/18—Patty Flack       |
| 3/21—Karen Gilbert | 3/22—Maxine Willingham | 3/22—Steve Stazel      |
| 3/23—Ella Mae Wood | 3/23—Dottie Colton     | 3/24—Jim Wiltshire     |
| 3/25—Bev Forster   | 3/25—Jeanne Malowney   | 3/28—Ann Baldwin       |
| 3/28—Carol Hodges  | 3/30—Jean Neuman       | 3/31—Vernie Combellick |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events
<p><b>31 HAPPY EASTER!</b> 9:30 Chapel with Jim (FEL) 10:00-11:30 Easter Brunch, First Seating (CEN) 12:00-1:30 Easter Brunch, Second Seating (CEN) 1:00 &amp; 6:00 Movie and Popcorn: <i>Soul Surfer</i> (TH) 7:00 Chamber Music of Lincoln Center Presents: <i>Masters and Masterpieces</i> (Ch. 1981)</p>		<p><b>April Hager</b> Director of Community Life: X5894 <b>Miranda Pospisil</b> Assistant X5635</p>	<p>LOCATION LEGEND: ART—Durango Room CEN—Centennials FEL—Fellowship Hall SIL—Silverton Gallery TC—Town Center TH—Theater WC—Wellness Center</p>	<ul style="list-style-type: none"> <li>• Suites Event/Program</li> <li>• Theater Programs</li> <li>• Community Event</li> <li>• Ch. 1981 Program</li> <li>• Resident Committee</li> <li>• Excursions</li> <li>• Highlighted Program</li> </ul>	<p><b>1</b> 10:00 Communion (FEL) 10:30-1:30 Savvy Seconds 11:00 <i>The Crown, Season 6, Episode 6: Ruritania</i> (TH) 1:00 Park Meadows Mall Trip 3:00 Hearing Group (FEL)</p>	<p><b>2</b> 1:30 Jewelry Making with Jan Kershner (ART) 3:00 <i>Finding Your Roots: Sally Field</i> (TH) 7:00 <i>The Orion Quartet</i> (Ch. 1981) 7:00 <i>Saturday Night Movie: Race</i> (TH)</p>	<p><u>FITNESS SCHEDULE</u></p> <p><b>Fitness with Lindsay (WC)</b> Mon, Wed, Fri 8:00, 9:00 <b>Stretch &amp; Flex (WC)</b> Mon, Wed, Fri, 10:00 am <b>Mobility &amp; Fitness with Ann (WC)</b> Tues 8:00 &amp; 9:00 &amp; Thu 8:00 <b>Tai Chi with Sharon (WC)</b> Tues &amp; Thu 10 am <b>Yoga with Máire (WC)</b> Thu 8:45 am, Sat 9:30 am <b>Balance Class with Lindsay (WC)</b> Tue, Thu 1:00 pm <b>Strength Training for Fall Recovery (WC)</b> Tue, Thu 2 pm <b>Strength and Conditioning (WC)</b> Tues, 3:00 pm <b>Cognitive Balance</b> Thu 3:00 pm (WC) <b>Fish Tank (meditation) (Ch. 1981)</b> Mon, Wed, Fri, Sat 5:00 pm <b>Balance Boogie (Ch. 1981)</b> Monday-Sunday, Various times See Weekly Schedule for details <b>Seated Stretching (Ch. 1981)</b> Tues, Thu, Sun 5:00 pm</p> <p><b>Sunday</b> 11:30 Hymns with Natalie Raynes (Ch. 1981) 1:00 Painting with Bob Ross (Ch. 1981) <b>Monday</b> 10:00 Community Updates (HCRK, Ch 1981) 2:00 Artists Studio (ART) 6:30 Hand &amp; Foot (ART) <b>Tuesday</b> 10:00 Wanderings (HCRK, Ch 1981) 1:00 Needles &amp; Threads (SIL) 6:30 Cribbage (SIL) <b>Wednesday</b> 1:00 Party Bridge (SIL) 3:30 Spiritual Video Series (FEL) 7:00 The Love Boat (Ch. 1981) <b>Thursday</b> 6:30 Rummikub (SIL) <b>Friday</b> 10:00 Wanderings (HCRK, Ch 1981) <b>Saturday</b> 9:30 Mindfulness Meditation (SIL) 1st//3rd Saturday 10:30 Knit Wits (ART) 1:00-3:00 GenTech IT Support (Lobby) 1:00-3:30 Mah Jong (SIL)</p>
<p><b>3</b> 9:30 Chapel with Cheryl (FEL) 1:00 &amp; 6:00 Movie and Popcorn: <i>A Sunday Horse</i> (TH) 4:00 Community Life Presents: <i>The Celtic Friends</i> (FEL) 7:00 <i>The Orion Quartet</i> (Ch. 1981)</p>	<p><b>4</b> 10:30 World Religions (FEL) 1:00 Community Prayer Circle (SIL) 1:00 Brain Boosters with Miranda (WC) 2:00 <i>First Music Monday</i> with Pianist Scott Hackler (FEL) 3:00 Low Vision Group (SIL) 7:00 Monday Musical (TH)</p>	<p><b>5</b> 10:00 Bookmobile (LIB) 11:00 <i>Classical Mythology: Demeter, Persephone and the Conquest of Death</i> (TH) 1:30 Peakview Review (FEL) 3:30 Bible Study (SIL) 7:00 Drama Ministry Ensemble Presents: <i>Heroes of the Faith</i> (FEL)</p>	<p><b>6</b> 11:00 TED Talks with April: <i>How Language Shapes the Way We Think</i> (TH) 1:30 Scattergories (ART) 3:30 Spiritual Video Series (FEL) 6:45 <i>Departure: Lamont Symphony Orchestra and Choir at Gates Concert</i></p>	<p><b>7</b> 11:00 10 on 10 (TH) 1:00 Infinity Rehab Presents: <i>Focus on Flexibility</i> (TH) 3:00 <i>This is Us: Season 1, Episode 1: Pilot</i> (TH) 7:00 Thursday at the Movies: <i>Fried Green Tomatoes</i> (TH)</p>	<p><b>8</b> 10:00 Catholic Communion (FEL) 11:00 <i>The Crown, Season 6, Episode 7: Alma Mater</i> (FEL) 1:30 World Issues: <i>Vietnam with Active Minds</i> (FEL) 3:00 <i>This is Us: Season 1, Episode 2: The Big Three</i> (TH)</p>	<p><b>9</b> 3:00 Cottager Concert Committee Presents: <i>Opus Duo</i> (FEL) 7:00 <i>Ukraine in the Eyes of Others</i> (Ch. 1981) 7:00 <i>Saturday Night Movie: Apollo 13</i> (TH)</p>	
<p><b>10</b> 9:30 Chapel with Cindy FEL) 1:00 &amp; 6:00 Movie and Popcorn: <i>Fried Green Tomatoes</i> (TH) 7:00 <i>Ukraine in the Eyes of Others</i> (Ch. 1981)</p>	<p><b>11</b> 10:30 Wired Word (TH) 2:00 <i>The English Game: Episode 4</i> (TH) 4:00-6:00 New Artist Recognition Reception: <i>Pat Harwood</i> (SIL) 7:00 Monday Musical (TH)</p>	<p><b>12</b> 11:00 <i>Music Appreciation: Summer Music Festivals</i> with Brian (FEL) 1:00 <i>Classical Mythology: The Eleusinian Mysteries of the Afterlife</i> (TH) 2:00 Food Committee (CEN) 3:00 Cottager Standing Committee (ART) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)</p>	<p><b>13</b> 9:30 Hearing Clinic (Lounge) 10:00 Durango Room Redesign Meeting (TH) 11:00 TED Talks with April: <i>The Next Global Superpower Isn't Who You Think</i> (TH) 1:30 Scattergories with April (ART) 3:00 Green Team (ART) 3:30 Spiritual Video Series (TH) 6:00 <i>Departure: DYAO with Colorado Symphony</i></p>	<p><b>14</b> 11:00 10 on 10 (WC) 11:00-2:00 Couture Chez Vous Mobile Boutique (TC) 2:00 Community Sing-a-long with Dick Freese and Friends (FEL) 3:00 Ambiance Committee (ART) 7:00 Thursday at the Movies: <i>Twins</i> (FEL)</p>	<p><b>15</b> 10:00 Communion (FEL) 11:00 <i>The Crown, Season 6, Episode 8: Ritz</i> (TH) 2:00 Renee Bergstrom Presents: <i>Chauncy Olcott—A Tribute to Irish Romanticism in America</i> (FEL) 3:00 <i>This is Us: Season 1, Episode 3: Kyle</i> (TH)</p>	<p><b>16</b> 10:00 UMC Friendship Circle (FEL) 3:00 <i>Finding Your Roots: Tina Fey/George Stephanopoulos</i> (TH) 7:00 Rancho Mirage Theatricals Presents: <i>Legends of Swing</i> (Ch. 1981) 7:00 <i>Saturday Night Movie: Erin Brockovich</i> (TH)</p>	
<p><b>17</b> 9:30 Chapel with Cheryl (FEL) 1:00 &amp; 6:00 Movie and Popcorn: <i>Twins</i> (TH) 4:00 Community Life Presents: <i>Celtic Folk with Drake Scott</i> (FEL) 7:00 <i>The Rancho Mirage Theatricals Presents: Legends of Swing</i> (Ch. 1981)</p>	<p><b>18</b> 10:30 World Religions (FEL) 1:00 Brain Boosters with Miranda (WC) 1:30 <i>Denver Through the Decades: 1990's with Kevin from Treasure Box Tours</i> (FEL) 2:00 Building, Grounds &amp; Safety Committee (SIL) 3:00 <i>The English Game: Episode 5</i> (TH) 7:00 Monday Musical (TH)</p>	<p><b>19</b> 10:00 Bookmobile (LIB) 11:00 St. Gabriel's Service (TH) 1:00 <i>Classical Mythology: Apollo &amp; Artemis</i> (TH) 2:00 Holly Creek Town Hall Meeting (FEL) 3:00 Cottager Concert Committee (ART) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)</p>	<p><b>20</b> 8:00 <i>Men's Breakfast</i> (FEL) 11:00 <i>Departure: Lunch at Ship Tavern</i> 11:00 TED Talks with April: <i>How to Make Learning As Addictive As Social Media</i> (TH) 11:00 Finance Committee (SIL) 1:30 Scattergories with April (ART) 3:30 Spiritual Video Series (TH)</p>	<p><b>21</b> 11:00 10 on 10 (TH) 1:30 Hospitality Committee (ART) 2:30 Book Club (SIL) 4:00-5:00 Community Happy Hour (TC) 7:00 Thursday at the Movies: <i>Barbie</i> (TH)</p>	<p><b>22</b> 11:00 Catholic Mass (FEL) 10:30 Chris Wells Presents: <i>Grand Canyon</i> (Alpine) 11:00 <i>The Crown, Season 6, Episode 9: Hope Street</i> (TH) 1:30 World Issues: <i>Renewable Energy</i> (FEL) 3:00 Excursion Committee (ART) 3:00 <i>This is Us: Season 1, Episode 4: The Pool</i> (TH)</p>	<p><b>23</b> 10:00-12:00 Community Donut Social (FEL) 3:00 <i>Finding Your Roots: Jessica Alba/Deval Patrick</i> (TH) 7:00 Chamber Music Society of Lincoln Center Presents: <i>The Brandenburg Concertos</i> (Ch. 1981) 7:00 <i>Saturday Night Movie: The Help</i> (TH)</p>	
<p><b>24</b> 9:30 Chapel with Brian (FEL) 1:00 &amp; 6:00 Movie and Popcorn: <i>Barbie</i> (TH) 12:00 <i>Departure: Mozart's Requiem</i> with Peter Oundjian at Boettcher Concert Hall 7:00 Chamber Music Society of Lincoln Center Presents: <i>The Brandenburg Concertos</i> (Ch. 1981)</p>	<p><b>25</b> 10:30 Wired Word (FEL) 1:30 <i>Pages from the Past</i> with Malin and Jan Jones (TH) 3:00 <i>The English Game: Episode 6</i> (TH) 3:00 Volunteer Advisory (SIL) 7:00 Monday Musical (TH)</p>	<p><b>26</b> 11:00 Writers Circle (SIL) 11:00 <i>Classical Mythology: Hermes &amp; Dionysos</i> (TH) 1:00-4:00 Sheldon Jewelry Clinic (TC) 2:00 <i>The Science of Meteorology</i> with Kevin Manross, NOAA (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)</p>	<p><b>27</b> 10:30 Shirley VanAndel Celebration of Life (FEL) 1:30 TED Talks with April: <i>AI's Exponential Economic Potential</i> (TH) 3:00 Teaching Kitchen: <i>Seeds</i> (BISTRO) 3:30 Spiritual Video Series (TH)</p>	<p><b>28</b> 11:00 10 on 10 (TH) 2:00-4:00 Suites Life Open House Party (TIMBERS) 3:00 Poetry Explorers with Larry and Karla Langton (SIL) 6:30 <i>Departure: Trailblazing Women of Country</i> at Lone Tree Arts Center 7:00 Thursday at the Movies: <i>A Million Miles Away</i> (TH)</p>	<p><b>29</b> 10:00 Communion (FEL) 11:00 <i>The Crown, Season 6, Episode 10: Sleep Dearie Sleep</i> (TH) 1:30 Betsy Schwarm Presents: <i>Beyond Danny Boy, Classical Music with Irish Connections</i> (FEL) 3:00 Good Friday Service with Jim Kok (FEL)</p>	<p><b>30</b> 2:00-4:00 Linda Platt 90th Birthday Party (FEL) 7:00 Chamber Music Society of Lincoln Center Presents: <i>Masters and Masterpieces</i> (Ch. 1981) 7:00 <i>Saturday Night Movie: Soul Surfer</i> (TH)</p>	