



February 2024 Residential Living

Happy Birthday:

- | | | | |
|--------------------|---------------------|------------------------|----------------------|
| 2/2—Marty Lamm | 2/2—Dee Klein | 2/3—Barbara Shores | 2/3—David Robinson |
| 2/4—Helen Sullivan | 2/4—Jim Wallendorf | 2/5—Pat VanBramer | 2/6—Bern Draper |
| 2/7—Carol Lockwood | 2/10—Anjie Grout | 2/14—Leslie Vollbracht | 2/17—Betty Maloy |
| 2/19—David Lee | 2/19—Betty Forsythe | 2/20—Pat Zarlengo | 2/21—Myra Isenhardt |
| 2/23—Jan Shelton | 2/24—Carl Gambs | 2/6—Sue Jhung | 2/27—Roy Christensen |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ongoing Events
<ul style="list-style-type: none"> Suites Event/Program Theater Programs Community Event Ch. 1981 Program Resident Committee Excursions Highlighted Program 	LOCATION LEGEND: ART—Durango Room CEN—Centennials FEL—Fellowship Hall SIL—Silverton Gallery TC—Town Center TH—Theater WC—Wellness Center	April Hager Director of Community Life: X5894 Miranda Pospisil Assistant X5635	Holly Creek LOVE display February 13 - February 20 Residents are encouraged to display pictures, mementos and other memories depicting love. Ask April for more info at ext.5894!	1 11:00 10 on 10 (TH) 1:00 Infinity Rehab Presents: <i>Habits for a Healthy Heart</i> (TH) 3:00 My Love: Six True Stories of Love: USA, Ginger & David (TH) 7:00 Thursday at the Movies: <i>The Miracle Club</i> (TH)	2 10:00 Communion (FEL) 10:30-1:30 Savvy Seconds 11:00 The Crown, Season 6, Episode 2: <i>Two Photographs</i> (TH) 1:00 Park Meadows Mall Trip 1:00 My Love: Six True Stories of Love: Spain, Nauti & Augusto (TH) 3:00 Hearing Group (FEL)	3 1:30 Jewelry Making with Jan Kershner (ART) 3:00 Documentary: <i>Finding</i> <i>Your Roots: Ben Affleck/ Khandi Alexander</i> (TH) 7:00 Nobel Prize Concert, 2023 (Ch. 1981) 7:00 Saturday Night Movie: <i>It's Complicated</i> (TH)	FITNESS SCHEDULE Fitness with Lindsay (WC) Mon, Wed, Fri 8:00, 9:00 Stretch & Flex (WC) Mon, Wed, Fri, 10:00 am Mobility & Fitness with Ann (WC) Tues 8:00 & 9:00 & Thu 8:00 Tai Chi with Sharon (WC) Tues & Thu 10 am Yoga with Máire (WC) Thu 8:45 am, Sat 9:30 am Balance Class with Lindsay (WC) Tue, Thu 1:00 pm Strength Training for Fall Recovery (WC) Tue, Thu 2 pm Strength and Conditioning (WC) Tues, 3:00 pm Cognitive Balance Thu 3:00 pm (WC) Fish Tank (meditation) (Ch. 1981) Mon, Wed, Fri, Sat 5:00 pm Balance Boogie (Ch. 1981) Monday-Sunday, Various times See Weekly Schedule for details Seated Stretching (Ch. 1981) Tues, Thu, Sun 5:00 pm Sunday 1:00/6:00 Movie and Popcorn (TH) Monday 10:00 Community Updates (HCRK, Ch 1981) 2:00 Artists Studio (ART) 6:30 Hand & Foot (ART) 7:00 Monday Musical (TH) Tuesday 10:00 Wanderings (HCRK, Ch 1981) 11:00 Great Courses Program (TH) 1:00 Needles & Threads (SIL) 3:30 Bible Study (SIL) 6:30 Cribbage (SIL) 7:00 Tuesday Classics (TH) Wednesday 11:00 Discover TED Talks (TH) 1:00 Party Bridge (SIL) 3:30 Spiritual Video Series (FEL) Thursday 11:00 10 on 10 (TH) 6:30 Rummikub (SIL) 7:00 Thursday at the Movies (TH) Friday 10:00 Wanderings (HCRK, Ch 1981) 11:00 The Crown (TH) 7:00 Music/Theater Mix (Ch. 1981) Saturday 10:30 Knit Wits (ART) 1:00-3:00 GenTech IT Support (Lobby) 7:00 Saturday Night Movie (TH)
4 9:30 Chapel (FEL) 1:00 & 6:00 Movie and Popcorn: <i>The Miracle</i> <i>Club</i> (TH) 7:00 Nobel Prize Concert, 2023 (Ch. 1981)	5 10:30 World Religions (FEL) 2:00 First Music Monday with Pianist Tanya Taylor (FEL) 3:00 Low Vision Group (SIL) 3:00 Bill Russell: Legend, Part II (TH) 7:00 Monday Musical (TH)	6 10:00 Bookmobile (LIB) 11:00 Classical Mythology: <i>First Was</i> <i>Chaos</i> (TH) 1:30 Peakview Review (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	7 Theater Upgrade 11:00 Discover TED Talks with April: <i>Puzzles of Personality</i> (FEL) 1:30 Scattergories with Adam (ART) 3:30 Spiritual Video Series (FEL)	8 Theater Upgrade 11:00 10 on 10 (WC) 1:30 Best Picture Oscar Talk with Film Critic, Dan Hudak (FEL) 3:00 Ambiance Committee (ART) 7:00 Thursday at the Movies: <i>Oppenheimer</i> (FEL)	9 Theater Upgrade 10:00 Catholic Communion (FEL) 11:00 The Crown, Season 6, Episode 3: <i>Dis-Moi Oui</i> (FEL) 1:30 World Issues: <i>History</i> <i>of Automobiles with Active</i> <i>Minds</i> (FEL) 3:00 My Love: Six True Stories of Love: Japan, Kinuko & Haruhei (TH)	10 3:00 Saturday Documentary: <i>Finding</i> <i>Your Roots: Tom Colicchio/ Aaron Sanchez</i> (TH) 7:00 Life & Liberty Concert with the Jay Sekulow Band (Ch. 1981) 7:00 Saturday Night Movie: <i>Killers of the Flower Moon</i> (TH)	
11 9:30 Chapel FEL) 1:00 Movie and Popcorn: <i>Oppenheimer</i> (TH) 6:00 Movie and Popcorn: <i>Oppenheimer</i> (TH) 7:00 Life & Liberty Concert with the Jay Sekulow Band (Ch. 1981)	12 10:30 Wired Word (TH) 1:30 Denver Through the Decades: 1980's with Kevin from Treasure Box Tours (FEL) 3:00 The English Game: Episode 1 (TH) 7:00 Monday Musical (TH)	13 11:00 Music Appreciation: <i>Conductors with Brian</i> (FEL) 1:00 Classical Mythology: <i>Reign of the Olympians</i> (TH) 2:00 Food Committee (CEN) 3:00 Cottager Standing Committee (ART) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	14 9:30 Hearing Clinic (CCR) 10:30 Ash Wednesday Service (FEL) 11:00 Discover TED Talks with April: <i>How Great Leaders</i> <i>Inspire Action</i> (TH) 1:00 Thespians Planning Meeting (FEL) 2:00 Scattergories with April (ART) 3:00 Green Team (ART) 3:30 Spiritual Video Series (TH)	15 11:00 10 on 10 (TH) 1:00 Bruce Reedy Celebration of Life (FEL) 1:30 Hospitality Committee (ART) 2:30 Book Club (SIL) 7:00 Thursday at the Movies: <i>Nyad</i> (TH)	16 10:00 Communion (FEL) 11:00 The Crown, Season 6, Episode 3: <i>Aftermath</i> (TH) 1:30 CLC State of the Union with CLC Leadership (FEL) 3:00 My Love: Six True Stories of Love: Korea, Saengja & Yeongsam (TH)	17 3:00 Documentary: <i>Finding Your Roots:</i> <i>Angela Bassett</i> (TH) 7:00 Joseph Lin, violin and Helen Huang, piano (Ch. 1981) 7:00 Saturday Night Movie: <i>Queen Bees</i> (TH)	
18 9:30 Chapel (FEL) 1:00 & 6:00 Movie and Popcorn: <i>Nyad</i> (TH) 4:00 Cottager Concert Committee Presents: Denver Brass Quintet (FEL) 7:00 Joseph Lin, violin and Helen Huang, piano (Ch. 1981)	19 10:30 World Religions (FEL) 2:00 Travels with Curt Huber (FEL) 2:00 Building, Grounds & Safety Committee (SIL) 3:00 The English Game: Episode 2 (TH) 7:00 Monday Musical (TH)	20 9:00 Fall Prevention Education (WC) 10:00 Bookmobile (LIB) 11:00 St. Gabriel's Service (TH) 1:00 Classical Mythology: <i>Immortals & Mortals</i> (TH) 2:00 Resident Association Board Meeting (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	21 8:00 Men's Breakfast (FEL) 10:00 Watch Batteries (MM) 11:00 Discover TED Talks with April: <i>Debunking Third World</i> <i>Myths</i> (TH) 1:30 Scattergories with April (ART) 2:00-4:00 Suites Life Open House Party (TIMBERS) 3:30 Spiritual Video Series (TH) 4:30 Departure: Dinner at P.F. Chang's	22 11:00 10 on 10 (TH) 1:30 Kick Those Sugar Cravings with Nutrition Coach Stacey Kruse (FEL) 3:00 Poetry Explorers with Larry and Karla Langton (SIL) 7:00 Thursday at the Movies: <i>The Hill</i> (TH)	23 11:00 Catholic Mass (FEL) 10:30 Chris Wells Presents: <i>New Zealand (Alpine)</i> 11:00 The Crown, Season 6, Episode 4: <i>Willsmania</i> (TH) 1:30 World Issues: <i>Muhammed Ali</i> (FEL) 3:00 Excursion Committee (ART) 3:00 My Love: Six True Stories of Love: Brazil, Nicinha & Jurema (TH)	24 3:00 Saturday Documentary: <i>Finding Your Roots: Tom</i> <i>Kushner/Carole King</i> (TH) 7:00 Faith & Freedom Concert with the Jay Sekulow Band (Ch. 1981) 6:30 Departure: <i>Beethoven</i> <i>Symphony No. 9</i> at Boettcher Concert Hall 7:00 Saturday Night Movie: <i>Soul Surfer</i> (TH)	
25 9:30 Chapel (FEL) 1:00 & 6:00 Movie and Popcorn: <i>The Hill</i> (TH) 4:00 Community Life Presents: The Amelie Trio playing Gypsy Jazz (CEN) 7:00 Faith & Freedom Concert with the Jay Sekulow Band (Ch. 1981)	26 10:30 Wired Word (FEL) 2:00 Dawn & Steve Musical Revue Presents: <i>Hello Dolly</i> (FEL) 3:00 The English Game: Episode 3 (TH) 3:00 Volunteer Advisory (SIL) 6:45 Departure: Lamont Jazz Orchestra at Gates Hall 7:00 Monday Musical (TH)	27 9:00 Fall Prevention Education (WC) 10:00 Bookmobile (LIB) 11:00 Writers Circle (SIL) 1:30 Susan Marie Frontczak as Eleanor Roosevelt: <i>The</i> <i>Power of Words</i> (FEL) 3:30 Bible Study (SIL) 7:00 Tuesday Classic (TH)	28 11:00 Discover TED Talks with April: <i>How Not to Take</i> <i>Things Personally</i> (TH) 1:30 Scattergories with April (ART) 3:00 Teaching Kitchen: <i>Dark Chocolate (BISTRO)</i> 3:30 Spiritual Video Series (TH)	29 11:00 10 on 10 (TH) 11:00 Finance Committee (SIL) 1:30 My Love: Six True Stories of Love: India, Satyabhama & Satva (TH) 4:00-5:00 Mardi Gras Community Happy Hour (TC) 7:00 Thursday at the Movies: <i>A Sunday Horse</i> (TH)			

Calendar events are subject to change. See Ch. 1981 or the weekly schedule for up-to-date information.